

The Big Race for Big Mark

Bassenthwaite Sailing Club

3rd June 2022

SAILING INSTRUCTIONS

1. RULES

- i. Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- ii. RRS 40.1 applies at all times whilst afloat.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- i. Notices to competitors will be posted on the official notice board located in the clubhouse foyer.
- ii. The race office is located in the clubhouse.
- iii. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- i. Competitors and support persons shall comply with reasonable requests from race officials.
- ii. Competitors and support persons shall place advertising (where provided by the organizing authority) with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- i. Signals made ashore will be displayed on the flagpole next to the clubhouse.
- ii. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than twenty minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- i. There will be a briefing on Friday 3rd June at 10:00hrs.
- ii. The warning signal for Race 1 will not be sounded before 10:55hrs on Friday 3rd June.
- iii. Races 2 and 3 will follow.
- iv. To alert boats that a race or sequence of races will begin soon, an orange flag may be displayed on the Committee Boat at least one minute before a warning signal is made

7. CLASS FLAG

The class flag is International Code Numeral 7

8. RACING AREA

The racing area is Bassenthwaite Lake.

9. COURSES

- i. The course to be sailed will be indicated on the course board attached to the gunwale of the Committee Boat no later than the warning signal for the first start of a sequence of races.
- ii. The marks of the course, the order in which they are to be rounded, their required side and the number of laps will be shown on the course board.
- iii. The numbers of marks to be rounded to port will be indicated on a red background and the numbers to be rounded to starboard will be indicated on a green background. The number of laps will be indicated on a black background.
- iv. The letters, 'Y Z' on a black background indicate that the start/finish line is part of the course, and that boats shall sail through the start/finish line on each lap.

10. MARKS

The marks of the course will be the Club Marks, which are indicated with approximate positions, in the diagram at Appendix 'A'. A lead boat will be provided subject to availability.

11. AREAS THAT ARE OBSTRUCTIONS

There are no obstructions in the sailing area. However, the lake is part of the Lake District National Park and is a significant wildlife habitat. Competitors are asked to keep clear of the reed banks on the right of the main slipway and not to land on the lakeshore other than on the sailing club slipways.

12. STARTING

- i. Races will be started in accordance with RRS 26.
- ii. The warning signal for will be International Code Numeral 7.
- iii. Races will be started from the Committee Boat, stationed at the starboard end of the starting line. Starting signals will be displayed from the mast of the Committee Boat.
- iv. The starting line will be formed by bringing the mast of the Committee Boat into line with an outer limit mark, displaying an orange flag.
- v. An inner limit mark displaying a white flag will be laid and yachts passing between it and the Committee Boat at any time will be liable to disqualification, at the discretion of the Race Committee.
- vi. A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. FINISHING

- i. When the course is shortened (International Code Flag S will be displayed accompanied by two sound signals), boats shall complete the lap they are currently sailing.
- ii. Boats shall finish when they next pass through the start/finish gate.
- iii. The finishing line will be between the mast of the Committee Boat displaying a blue flag and the outer limit mark, displaying an orange flag.

14. TIME LIMITS & TARGET TIMES

- i. The target time for each race will be approximately 45 minutes for the first boat to finish.
- ii. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35 A4 and A5.
- iii. A tail-end boat that has lost contact with the body of the fleet may be informed on the water, towards the end of the race, that she need not complete that lap, but may return to the starting area for the start of the next back-to-back race. An appropriate finishing position will be recorded by the Race Committee. Failure to take advantage of this provision may result in any following back-to-back race being started before that competitor has returned to the starting area. This shall not be the basis for a redress request under Rule 62.1(a). This alters Rule 35.

15. HEARING REQUESTS

- i. The protest time limit is 30 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- ii. Hearing request forms are available from the race office at the clubhouse.
- iii. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the clubhouse beginning at the time posted.

16. SCORING

- i. Results for will be calculated using Portsmouth Yardstick, applied to average lap times.
- ii. One race is required to be completed to constitute a series.
- iii. When fewer than 3 races have been completed, a boat's series score is the total of her race scores.
- iv. When 3 races have been completed, a boat's series score is the total of her race scores excluding her worst score.

17. REPLACEMENT CREW

No substitution of helmsman will be permitted and substitution of crew will not be allowed without the prior approval of the Race Committee.

18. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions

19. TRASH DISPOSAL

Trash may be placed aboard official vessels.

20. PRIZES

Trophies will be awarded to the winner of the Championship. Prizes will be awarded to the winner and other prizes may be awarded at the discretion of the organisers.

21. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (i) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (ii) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (iii) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (iv) Their boat is in good order, equipped to sail in the event and they are fit to sail;
- (v) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (vi) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

22. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3million per incident or the equivalent.

Appendix A

