

Bassenthwaite Sailing Club  
Flying Fifteen Open & GP14 Northernns  
18<sup>th</sup> – 19<sup>th</sup> July 2026



## SAILING INSTRUCTIONS

### 1. RULES

- i. Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- ii. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- iii. The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- iv. RRS 40.1 applies at all times whilst afloat.

### 2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 3. COMMUNICATIONS WITH COMPETITORS

- i. Notices to competitors will be posted on the official notice board located in the clubhouse foyer.
- ii. The race office is located in the clubhouse.
- iii. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 4. CODE OF CONDUCT

- i. Competitors and support persons shall comply with reasonable requests from race officials.
- ii. Competitors and support persons shall place advertising (where provided by the organizing authority) with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

### 5. SIGNALS MADE ASHORE

- i. Signals made ashore will be displayed on the flagpole next to the clubhouse.
- ii. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than twenty minutes' in Race Signals AP.

### 6. SCHEDULE OF RACES

- i. There will be a briefing on Saturday 18<sup>th</sup> July at 12:00hrs.
- ii. The warning signal for Race 1 will not be sounded before 12:55hrs on Saturday 18<sup>th</sup> July.
- iii. Races 2 – 5 will follow.
- iv. No warning signal will be sounded before 10:55hrs on Sunday 19<sup>th</sup> July.
- v. To alert boats that a race or sequence of races will begin soon, an orange flag may be displayed on the Committee Boat at least one minute before a warning signal is made.
- vi. On the last scheduled day of racing, no warning signal will be made after 15.30 hrs.

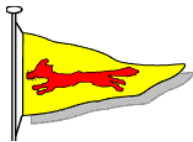
### 7. CLASS FLAG

The class flag is:

- i). GP14: International Code Flag A
- ii). Flying Fifteen: Naval Numeral 6

### 8. RACING AREA

The racing area is Bassenthwaite Lake.



Bassenthwaite Sailing Club  
Flying Fifteen Open & GP14 Northernns  
18<sup>th</sup> – 19<sup>th</sup> July 2026



## SAILING INSTRUCTIONS

### 9. COURSES

- i. The course to be sailed will be indicated on the course board attached to the gunwale of the Committee Boat no later than the warning signal for the first start of a sequence of races.
- ii. The marks of the course, the order in which they are to be rounded, their required side and the number of laps will be shown on the course board.
- iii. The numbers of marks to be rounded to port will be indicated on a red background and the numbers to be rounded to starboard will be indicated on a green background. The number of laps will be indicated on a black background.
- iv. The letters, 'Y Z' on a black background indicate that the start/finish line is part of the course, and that boats shall sail through the start/finish line on each lap.

### 10. MARKS

The marks of the course will be the Club Marks, which are indicated with approximate positions, in the diagram at Appendix 'A'. A lead boat will be provided subject to availability.

### 11. AREAS THAT ARE OBSTRUCTIONS

There are no obstructions in the sailing area. However, the lake is part of the Lake District National Park and is a significant wildlife habitat. Competitors are asked to keep clear of the reed banks on the right of the main slipway and not to land on the lakeshore other than on the sailing club slipways.

### 12. STARTING

- i. Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- ii. The warning signals and starting order will be:
- iii. Flying Fifteen: Naval Numeral 6
- iv. GP14: International Code Flag A
- v. Races will be started from the Committee Boat stationed at the starboard end of the start/finish gate.
- vi. Starting signals will be displayed from the mast of the Committee Boat.
- vii. The start/finish line will be formed by bringing the mast of the Committee Boat into line with an outer limit mark, displaying an orange flag.
- viii. An inner limit mark displaying a white flag will be laid and boats passing between it and the Committee Boat at any time will be liable to disqualification, at the discretion of the Race Committee.
- ix. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- x. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

### 13. CHANGE TO THE NEXT LEG OF THE COURSE

- i. To change the next leg of the course, the race committee will move the original mark or finishing line to a new position.

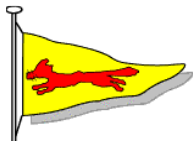
### 14. PENALTY SYSTEM

- i. The Scoring Penalty, RRS 44.3, will not apply.
- ii. For the GP14 class only RRS 61.1(a)(2) does not apply.

### 15. FINISHING

The finishing line will be either:

- iii. Between the mast of the Committee Boat displaying a blue flag and the outer limit mark of the start/finish line displaying an orange flag.



Bassenthwaite Sailing Club  
Flying Fifteen Open & GP14 Northerns  
18<sup>th</sup> – 19<sup>th</sup> July 2026



## SAILING INSTRUCTIONS

- iv. Between the mast of the Committee Boat displaying a blue flag and the mark next to which it is stationed.

### 16. TIME LIMITS & TARGET TIMES

- i. The target time for each race will be approximately 40 minutes.
- ii. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35 A4 and A5.
- iii. A tail-end boat that has lost contact with the body of the fleet may be informed on the water, towards the end of the race, that she need not complete that lap, but may return to the starting area for the start of the next back-to-back race. An appropriate finishing position will be recorded by the Race Committee. Failure to take advantage of this provision may result in any following back-to-back race being started before that competitor has returned to the starting area. This shall not be the basis for a redress request under Rule 62.1(a). This alters Rule 35.

### 17. HEARING REQUESTS

- i. The protest time limit is 40 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- ii. Hearing request forms are available from the race office at the clubhouse.
- iii. Notices will be posted no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the clubhouse beginning at the time posted.

### 18. SCORING

- i. Two races are required to be completed to constitute a series.
- ii. When fewer than 3 races have been completed, a boat's series score is the total of her race scores.
- iii. When from 3 to 5 races have been completed, a boat's series score is the total of her race scores excluding her worst score.

### 19. REPLACEMENT CREW

No substitution of helmsman will be permitted, and substitution of crew will not be allowed without the prior approval of the Race Committee.

### 20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

### 21. TRASH DISPOSAL

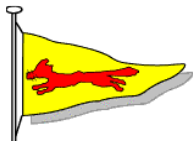
Trash may be placed aboard official vessels.

### 22. PRIZES

Trophies will be awarded to the winner of the Open meetings. Prizes will be awarded to the winner and other prizes may be awarded at the discretion of the organisers.

### 23. RISK STATEMENT

RRS 3 states: 'The responsibility for a boats decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.



Bassenthwaite Sailing Club  
Flying Fifteen Open & GP14 Northerns  
18<sup>th</sup> – 19<sup>th</sup> July 2026

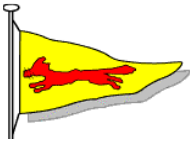
## SAILING INSTRUCTIONS



**Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.**

**24. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3million per incident or the equivalent.



Bassenthwaite Sailing Club  
Flying Fifteen Open & GP14 Northern  
18<sup>th</sup> – 19<sup>th</sup> July 2026  
SAILING INSTRUCTIONS



Appendix A

