

The Great North Asymmetric Challenge

Bassenthwaite Sailing Club

19th – 20th September 2026

SAILING INSTRUCTIONS

1. RULES

- i. Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- ii. RRS 40.1 applies at all times whilst afloat.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least one hour before the race or races concerned, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- i. Notices to competitors will be posted on the official notice board located in the clubhouse foyer.
- ii. The race office is located in the clubhouse.
- iii. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- i. Competitors and support persons shall comply with reasonable requests from race officials.
- ii. Competitors and support persons shall place advertising (where provided by the organizing authority) with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- i. Signals made ashore will be displayed on the flagpole next to the clubhouse.
- ii. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than thirty minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- i. There will be a briefing on Saturday September 19th at 12:00hrs.
- ii. The warning signal for Race 1 will not be sounded before 12:56hrs on Saturday September 19th.
- iii. Races 2 – 8 will follow.
- iv. No warning signal will be sounded before 10:26hrs on Sunday September 20th.
- v. To alert boats that a race or sequence of races will begin soon, an orange flag may be displayed on the Committee Boat at least one minute before a warning signal is made.
- vi. On the last scheduled day of racing, no warning signal will be made after 15.30 hrs.

7. CLASS FLAG

The class flag is:

- i). FAST: International Code Numeral 7
- ii). SLOW: International Code Numeral 6

8. RACING AREA

The racing area is Bassenthwaite Lake.

9. COURSES

- i. The course to be sailed will be a windward/leeward course. (See Appendix A).
- ii. The course will consist of a start / finish gate, a windward mark, spreader and leeward gate.
- iii. The start finish gate will be positioned upwind of the leeward gate.
- iv. The windward mark and spreader mark shall be left to port.
- v. At the end of each downwind leg boats shall sail through the leeward gate and either leave the port leeward mark to port or leave the starboard leeward mark to starboard.
- vi. Boats shall pass through the start/finish gate on each upwind leg.
- vii. Boats are not required to pass through the start/finish gate on downwind legs.

10. MARKS

The Windward Mark will be an orange inflatable mark. The Leeward Gate will be between a Leeward Port Mark and a Leeward Starboard Mark. Both marks will be orange inflatable marks.

11. AREAS THAT ARE OBSTRUCTIONS

There are no obstructions in the sailing area. However, the lake is part of the Lake District National Park and is a significant wildlife habitat. Competitors are asked to keep clear of the reed banks on the right of the main slipway and not to land on the lakeshore other than on the sailing club slipways.

12. STARTING

- (i) Races will be started as follows. This changes RRS26.
- (ii) The Warning Signal (Class flag) for each fleet will be made four minutes before the start of that fleet.
- (iii) The preparatory signal for each fleet will be displayed two minutes before the start of that fleet.
- (iv) The start of each fleet will be signalled by the removal of the appropriate Warning Signal (Class flag).
- (v) The warning signals and starting order will be:
FAST fleet: International Code Numeral 7
SLOW fleet: International Code Numeral 6
- (vi) The FAST fleet is for all boats with a Portsmouth Yardstick less than 1029. All other boats will be in the SLOW fleet.
- (vii) Races will be started from the Committee Boat stationed at the starboard end of the start/finish gate.
- (viii) Starting signals will be displayed from the mast of the Committee Boat.
- (ix) The start/finish line will be formed by bringing the mast of the Committee Boat into line with an outer limit mark, displaying an orange flag.
- (x) An inner limit mark displaying a white flag will be laid and boats passing between it and the Committee Boat at any time will be liable to disqualification, at the discretion of the Race Committee.

13. RECALLS

- i. Individual recalls will be signalled by promptly displaying Code Flag "X" in accordance with RRS 29.1 and Race Signals.
- ii. A General Recall will be signalled by displaying the First Substitute flag accompanied by two sounds in accordance with RRS 29.2 and Race Signals.
- iii. The preparatory signal for a new start for the recalled fleet shall be displayed one minute after the First Substitute is removed (one sound). This changes RRS 29.2.
- iv. Start for any succeeding fleets shall follow the recalled fleet at two-minute intervals.
- v. The race committee may for any reason postpone a start or starts in accordance with RRS 27.3 and Race Signals.
- vi. The preparatory signal will be finally removed at the start of the final fleet.

14. FINISHING

- i. When the course is shortened (International Code Flag S will be displayed accompanied by two sound signals), boats shall complete the lap they are currently sailing.
- ii. Boats shall finish when they next pass through the start/finish gate on an upwind leg.
- iii. The finishing line will be between the mast of the Committee Boat displaying a blue flag and the outer limit mark, displaying an orange flag.

15. TIME LIMITS & TARGET TIMES

- i. The target time for each race will be approximately 40 minutes.
- ii. A tail-end boat that has lost contact with the body of the fleet may be informed on the water, towards the end of the race, that she need not complete that lap, but may return to the starting area for the start of the next back-to-back race. An appropriate finishing position will be recorded by the Race Committee. Failure to take advantage of this provision may result in any following back-to-back race being started before that competitor has returned to the starting area. This shall not be the basis for a redress request under Rule 61.1(a). This alters Rule 35.

16. PENALTY SYSTEM

- i. One and two turn penalties will apply, in accordance with RRS 44.1 and RRS 44.2. except that:
- ii. If a boat touches a start or finish mark, when starting or finishing, she shall complete a one-turn penalty.
- iii. Touching a mark (other than a start or finish mark) with any part of the boat or crew does not constitute an infringement. No penalty is required.
- iv. Manhandling a mark which results in an advantage is not permitted and a boat so doing shall retire promptly.

17. HEARING REQUESTS

- i. Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes procedures shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. See the official notice board for details.
- ii. The protest time limit is 45 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- iii. Hearing request forms are available from the race office at the clubhouse.
- iv. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the clubhouse beginning at the time posted.

18. SCORING

- i. The low point scoring system defined in RRS Appendix A will apply.
- ii. Three sets of results will be produced:
 - a. Results for GNAC (both fleets - fast and slow) will be calculated using Portsmouth Yardstick, average lap times, and combined into one overall fleet.
- iii. When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
- iv. When 3, 4, 5 or 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- v. When 7 or 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst two scores.

19. REPLACEMENT CREW

No substitution of helmsman will be permitted, and substitution of crew will not be allowed without the prior approval of the Race Committee.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21. TRASH DISPOSAL

Trash may be placed aboard official vessels.

22. PRIZES

Prizes will be awarded to the winner, and other prizes may be awarded at the discretion of the organisers.

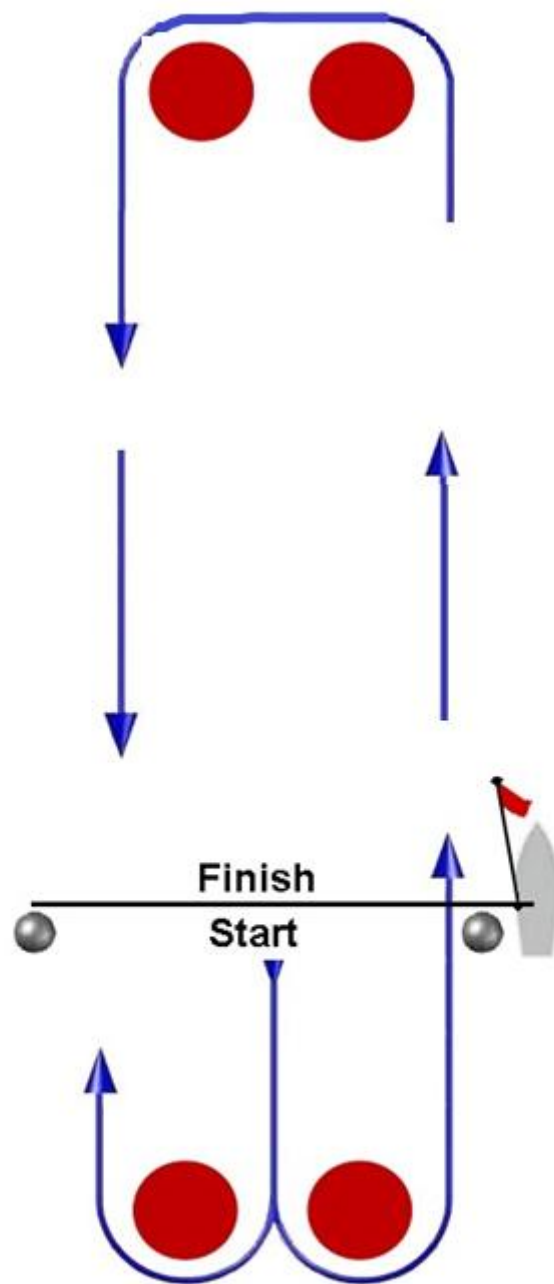
23. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

24. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3million per incident or the equivalent.

Appendix A



APPENDIX A