

North West Junior Travellers Trophy (NWJTT)

Topper North West Area Championship

Mirror Northern Travellers Open

June 9-10 2018

SAILING INSTRUCTIONS

1. **RULES**

Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS).

2. **NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS**

Any notices to competitors, or changes to the Sailing Instructions will be posted on the Official Notice Board, located in the clubhouse foyer, one hour before the start of the race or races concerned.

3. **SIGNALS MADE ASHORE**

Signals made ashore will be displayed on the flagpole next to the clubhouse.

4. **SCHEDULE OF RACES**

- (i) There will be a briefing on Saturday June 9 at 12:00hrs.
- (ii) The warning signal for Race 1 will not be sounded before 12:54hrs on Saturday June 9
Races 2 – 6 will follow.
- (iii) No warning signal will be sounded before 10:24hrs on Sunday June 10

5. **COURSE**

The course to be sailed will be a Trapezium shaped Course as shown in appendix A, all marks to be passed to port and competitors are required to sail through the start/finish line on each lap. The number of laps will not be indicated and the end of the race will be signified by a shortened course signal.

6. **MARKS**

The marks of the course will be inflatable buoys, which will be identified at the briefing.

7. **AREAS THAT ARE OBSTRUCTIONS**

There are no obstructions in the sailing area. However the lake is part of the Lake District National Park and is a significant wildlife habitat. Competitors are asked to keep clear of the reed banks on the right of the main slipway and not to land on the lake shore other than on the sailing club slipways.

8. **STARTING**

- (i) Races will be started as follows. This changes RRS26.
 - a. The Warning Signal (Class flag) for each fleet will be made six minutes before the start of that fleet.
 - b. The preparatory signal will be displayed three minutes before the first fleet to start and remain in place until the end of the starting sequence.
 - c. The start of each fleet will be signalled by the removal of the appropriate Warning Signal (class flag). The preparatory signal will be removed with the final warning signal in the sequence.
- (ii) The warning signals and starting order will be:

- a. **NWJTT**: International Code Numeral 7
- b. **Topper**: International Code Flag A
- c. **Mirror**: International Code Numeral 6
- (iii) Races will be started from the Committee Boat, stationed at the starboard end of the starting line. Starting signals will be displayed from the mast of the Committee Boat.
- (iv) The starting line will be formed by bringing the mast of the Committee Boat into line with an outer limit mark, displaying an orange flag.
- (v) An inner limit mark displaying a white flag will be laid and yachts passing between it and the Committee Boat at any time will be liable to disqualification, at the discretion of the Race Committee.

9. **RECALLS**

- (i) Individual recalls will be signalled by promptly displaying Code Flag "X" in accordance with RRS 29.1 and Race Signals.
- (ii) A General Recall will be signalled by displaying the First Substitute flag accompanied by two sounds in accordance with RRS 29.2 and Race Signals.
- (iii) **In the case of a General Recall the start of the recalled fleet shall move to the end of the starting order.** This changes *Rule 29.2* and Race Signals and the following provisions apply.
- (iv) The First Substitute will be removed without a sound signal before the start of the next fleet in the start order and the meaning of the First Substitute in Race Signals is then changed to mean, "*This fleet will start after the last fleet in the start order. The Warning signal for the recalled fleet will be made three minutes after the Warning Signal for the last fleet in the starting order is displayed*"
- (v) The new *start* for the recalled class will be signalled by removal of the Class Flag six minutes after it has been displayed.
- (vi) The starts of any succeeding recalled fleets (if any) shall follow, unless they are further re-called, in which case they shall return to the end of the start order, as above.
- (vii) The race committee may for any reason postpone a start or starts in accordance with RRS 27.3 and Race Signals. In which case the start will be signalled in accordance with 8.i.
- (viii) The Preparatory signal will be finally removed at the start of the final fleet.

10. **FINISHING**

The finishing line will be either:

- (i) Boats will finish the next time they cross the finishing line after the shortened course has been signalled. Should some competitors sail fewer laps than boats in front, the results will be calculated using average lap times.
- (ii) Between the mast of the Committee Boat displaying a blue flag and International Code Flag S and the outer limit mark displaying an orange flag
- (iii) Between the mast of the Committee Boat displaying a blue flag and International Code Flag S and the mark next to which it is stationed.

11. **TIME LIMITS & TARGET TIMES**

- (i) The target time for each race will be approximately 45 minutes.

12. **SCORING**

- (i) The low point scoring system defined in RRS Appendix A will apply.
- (ii) One race must be sailed to constitute a Championship.
- (iii) If 4 or more races are sailed the worst score shall be discarded
- (iv) Results will be calculated using Portsmouth Yardstick for the NWJTT Fleets only.

13. **COACHING AND ASSISTANCE**

Outside assistance may be received without penalty; this changes RRS41. This includes — but is not limited to — assistance righting capsized boats, and coaching. Coaching and assistance may be reserved for the less experienced sailors, at the discretion of the Race Officer.

14. PROTESTS AND REQUESTS FOR REDRESS

- (i) Protests must be handed to the Race Officer within forty five minutes of the last boat finishing the last race of the day.
- (ii) Protest Forms are available from the Committee Room, located in the clubhouse.
- (iii) Protest Hearings will be held either in the Committee Room (located in the clubhouse) or the Race Office.
- (iv) Notices will be posted on the Official Notice Board, within thirty minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- (v) Notice of protests by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b)
- (vi) The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes procedures shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. See the Official Notice Board for details.
- (vii) On the last day of the regatta a request for reopening a hearing shall be delivered:
 - (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day.
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS66.

15. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

16. SAFETY

- (i) All sailors must wear a Personal Flotation Device of at least CE50 Newtons, or equivalent, at all times whilst afloat. International Code Flag 'Y' will not be flown. This changes RRS 40.
- (ii) A mandatory Tally and Launch system will be employed.
 - a. Competitors will be allocated a 'Tally Number'.
 - b. The location of the Tally Station will be given at the competitor briefing. It is likely to be located either in the clubhouse foyer, or underneath the Race Office balcony (weather dependent).
 - c. Competitors shall 'Tally Out' before launching.
 - d. Competitors shall 'Tally In' immediately upon returning to shore.
 - e. Competitors shall not launch until the signal is given ashore. The signal will be International Code Flag D flown from the flagpole next to the clubhouse.
 - f. Launching before signalled, or failure to Tally Out or In may result in a penalty:
 - i. First Offence - Donation of £5 to local RNLI
 - ii. Second Offence - DSQ from that day's races

17. REPLACEMENT CREW

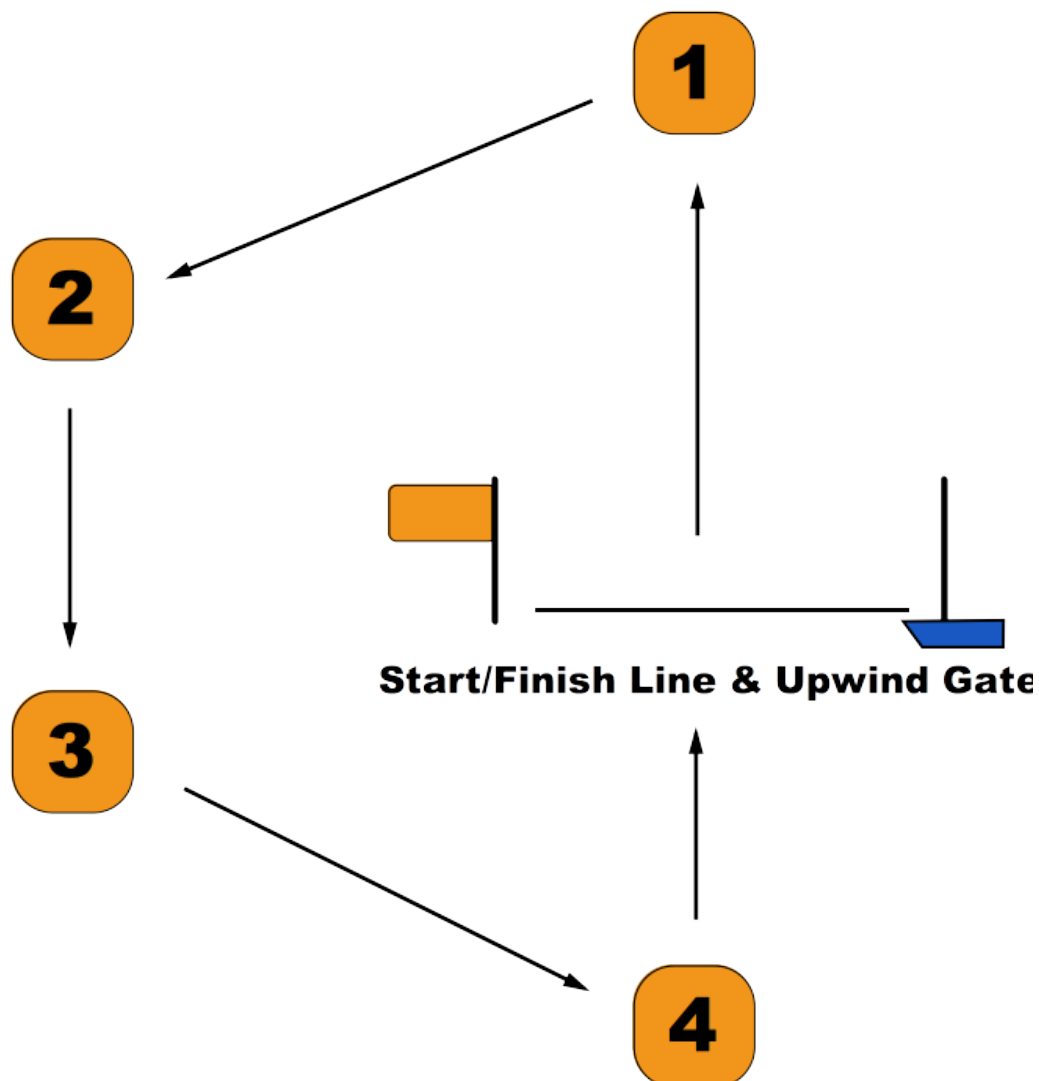
No substitution of helmsman will be permitted.

18. RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- i. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- ii. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- iii. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- iv. Their boat is in good order, equipped to sail in the event and they are fit to sail;
- v. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities:
- vi. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- vii. Their boat is adequately insured, with cover of at least £3,000,000 against third party claims and shall make a declaration to that effect on their entry.

Appendix A



Start 1, 2, 3, 4. All marks to be left to port and boats must pass through the Start/Finish Line each lap.