



SAILING INSTRUCTIONS

ILCA (ILCA UK Wessex Grand Prix Series) Open Meeting

Saturday 9th May 2026

Chew Valley Lake Sailing Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.2(a).
The notation '[DP]' means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing 2025-2028 (RRS), the Rules of Chew Valley Lake Sailing Club Ltd, the Bristol Water byelaws.
- 1.2 Competitors will also behave in accordance with the RYA Racing Charter.
- 1.3 In the case of a conflict between the Notice of Race and the Sailing Instructions, the SI's will take precedence. This changes RRS 63.5(c).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted not less than 30 mins before the start of the first race.
- 2.2 Any changes to the SIs will be indicated by Code Flag L displayed ashore.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on the east facing window to the ground floor training room.
- 3.2 The race office is located on the upper floor at the southern end of the clubhouse.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff adjacent to the race office.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP. This changes race signals AP.

6 CLASS FLAGS

- 6.1 The Class Flags to be used will be described at the briefing.

7 SCHEDULE OF RACES

- 7.1 A competitors briefing will be held at 10:30 on the day of the event.
- 7.2 The 1st warning signal will not be before 11:25.
- 7.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed at least one minute before the first warning signal is made and may be accompanied by a sound signal.

8 RACING AREA

8.1 The racing area will be confirmed at the briefing.

8.2 The sailing area is limited by lines of white buoys which are continuing obstructions for RRS 18 and RRS 19. A boat shall not sail outside this sailing area except in an emergency.

8.3 A boat shall launch and come ashore only at the slipways and the adjacent shore unless in an emergency.

9 COURSES

9.1 The diagram in SI Addendum A shows the course, including the order in which marks are to be passed and the side on which each mark is to be left.

9.2 The number of laps to be sailed will be indicated by boards on the side of the committee boat.

9.3 Courses may be shortened in accordance with RRS 32.

9.4 For courses that are shortened at mark 3 the shortened course will be indicated by the committee boat flying flag S accompanied by two sound signals as the leading boat approaches mark 3. The leading boat shall round the mark on its required side and then proceed to the normal finish line. All other boats should finish the race in the same way after having completed the same number of laps as the leader. This changes RRS 32.

9.5 The legs of the course may be changed in accordance with RRS 33 except that the green triangle, red rectangle, plus and minus symbols will not be used. When the course is changed, a change mark will be used.

9.6 The start line cannot be altered after the preparatory signal. ~~001~~

10 MARKS

10.1 The course will be defined by inflatable orange marks. A change mark will be described at the briefing. Start and finish marks are described in SI 12.2 and 13.1.

10.2 Note, the numbers on the marks will not correspond to their position on the course.

11 OBSTRUCTIONS

11.1 [NP] Competitors should leave a minimum distance of 25m from fishing boats and 50m from shore based fishing. A prohibited zone created by this sailing instruction is an obstruction.

12 THE START

12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

12.2 The starting line is between a staff displaying an orange flag on the committee boat and an orange flag on the starting mark or an orange flag in a moored boat.

12.3 Boats that do not start within 4 minutes of their starting signal will be scored DNS (Did Not Start).

12.4 The committee boat will be described at the briefing.

13 THE FINISH

13.1 The finishing line is between a staff displaying a blue flag on the committee boat and a blue flag on a buoy.

14 ARBITRATION

14.1 Arbitration process in accordance with the RRS Appendix T will be available.

15 TIME LIMITS

15.1 The Mark 1 Time Limit will be 30 minutes.

15.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned and that race may be resailed.

15.3 The target time for the lead boat will be 45 minutes.

15.4 Failure to meet the target time will not be grounds for redress. This changes RRS 61.1(a).

15.5 The time limit will be 70 minutes for the first boat.

15.6 Boats failing to finish within 15 minutes after the first boat sails the course and finishes may be scored according to their observed position on the course, which may be the position at the last mark rounded. This changes RRS 35, A4 and A5.

16 SCORING

16.1 One race is required to be completed to constitute a series.

16.2 A boat series score will be the total of the races. This changes RRS A2.

17 HEARING REQUESTS

17.1 The protest time limit is 45 minutes after the last boat in that class finishes the last race or the race committee signals no more racing today, whichever is later.

17.2 Hearing request forms are available from the race office.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at ground floor level at the southern end of the clubhouse.

18 SAFETY REGULATIONS

18.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS

19.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

20 RISK STATEMENT

20.1 Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any competitors briefing held for the event.

21 INSURANCE

21.1 Each boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2,000,000.

22 INVASIVE SPECIES

22.1 CVLSC and Bristol Water are committed to the prevention of the spread of invasive species. We are following the Environment Agency and RYA guidelines – ‘CHECK CLEAN DRY’

<http://www.nonnativespecies.org/checkcleandry>

Please make sure your boat has been clean and dry for at least 2 days prior to your arrival. The entry form will require you to self - certify that this is the case. You may be required to check and wash your boat before leaving Chew.

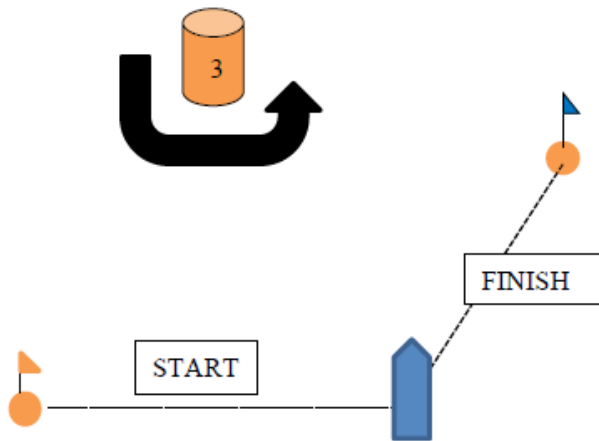
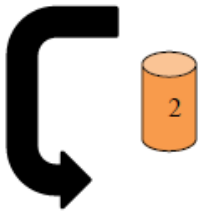
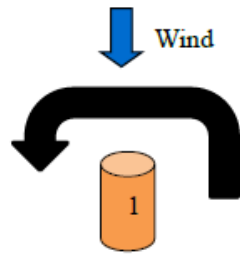
23 RUBBISH

23.1 Rubbish may be placed aboard support or safety boats while sailing or in one of the many bins when on land. It must not be deposited in Chew Valley Lake.

24 PRIZES

24.1 Prizes will be awarded depending on the number of entries and may include ad hoc prizes.

ADDENDUM A



One Lap:

Two Laps: 1(p), 2(p), 3(p), 1(p), 3(p), Finish

Three Laps: 1(p), 2(p), 3(p), 1(p), 3(p), 1(p), 2(p), 3(p), Finish

Four Laps: 1(p), 2(p), 3(p), 1(p), 3(p), 1(p), 2(p), 3(p), 1(p), 3(p), Finish. Etc...

Not to Scale