



CHEW VALLEY LAKE
SAILING CLUB



SOLO WESTERN AREA

Series Sponsors



SAILING INSTRUCTIONS (Sis)

NSCA Western Series Championships - Sponsored by Triggernaut & Magic Marine UK (Sat 3rd/Sun 4th June 2023) and ILCA Open (Sat 3rd June 2023) Chew Valley Lake Sailing Club

The notation '[NP]' in a rule of the sailing instructions (Sis) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS), the Rules of CVLSC Ltd, the Rules of the Class Associations and the Bristol Water byelaws. Competitors will also behave in accordance with the RYA Racing Charter.

2 NOTICE OF RACE

- 2.1 These Sis should be read in conjunction with the event Notice of Race v1 (separate NoR for the Solo and ILCA fleets).

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 2 hours before the start of the first race of the day.

4 COMMUNICATIONS WITH COMPETITORS

- 4.1 Notices to competitors will be posted on the official notice board located on the east facing window to the ground floor training room.
- 4.2 The race office is located on the upper floor at the southern end of the clubhouse.



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5 CODE OF CONDUCT

- 5.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the flagstaff adjacent to the race office.
- 6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in RRS Race Signals AP. This changes RRS Race Signals AP.

7 CLASS FLAGS

- 7.1 The ILCA Class flag will be the original Laser Insignia in white on a red background and the Solo Class flag is numeral pennant 1.

8 RACING AREA

- 8.1 The racing area will be confirmed at the briefing.
- 8.2 The sailing area is limited by lines of white buoys which are continuing obstructions for RRS 18 and RRS 19. A boat shall not sail outside this sailing area except in an emergency.
- 8.3 A boat shall launch and come ashore only at the slipways and the adjacent shore unless in an emergency.

9 COURSES

- 9.1 The courses which may be sailed are shown in Appendix A including approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 9.2 The number of laps and course to be sailed will be indicated by boards on the side of the Committee Boat.
- 9.3 Legs of the course may be changed after the preparatory signal.
- 9.4 The course may be shortened in accordance with RRS 32 . For courses that are shortened at mark 3 the shortened course will be indicated by the committee boat flying flag S accompanied by two sound signals as the leading boat approaches mark 3. The leading boat shall round the mark on its required side and then proceed to the normal finish line

10 MARKS

- 10.1 The rounding marks will be orange inflatable marks.
- 10.2 Note, the numbers on the marks may not correspond to their position on the course.

11 OBSTRUCTIONS

- 11.1 Competitors should leave a minimum distance of 25m from fishing boats and 50m from shore based fishing. A prohibited zone created by this sailing instruction is an obstruction.

12 THE START

- 12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting



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signal.

- 12.2 The start line will be between a staff displaying an orange flag on the committee boat and either a mark or vessel flying an orange flag.
- 12.3 The first start will be for the ILCA fleet. In the event of a general recall the start sequence will remain the same.
- 12.4 All ILCA rigs will start at the same time.
- 12.5 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.6 No race will be started if the average wind speed across the course is less than 4 knots.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position. Where support boat availability allows, this will be indicated by flying Code Flag C near the preceding mark of the course.

14 THE FINISH

- 14.1 The finishing line is between a staff displaying a blue flag on the committee boat and a blue flag on the finishing mark or, if finishing at Mark 1 under a shortened course, the finish line will be between a committee boat displaying a blue flag and Mark 1.

15 TIME LIMITS

- 15.1 The Mark 1 Time Limit will be 30 minutes.
- 15.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 15.3 The target time for the lead boat in each fleet to finish is 45 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 60.1.
- 15.4 The time limit for the lead boat in each race is 75 minutes. Boats failing to finish within 30 minutes after the first boat sails the course and finishes (excepting finishing under SI 15.2) will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 15.5 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within the time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes RRS 60.1(b) and 62.1(a).

16 HEARING REQUESTS

- 16.1 The protest time limit is 30 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.2 Hearing request forms are available from the race office.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of



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hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at ground floor level at the southern end of the clubhouse.

17 SAFETY REGULATIONS

- 17.1 [DP] [NP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 EQUIPMENT AND MEASUREMENT CHECKS

- 18.1 [NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

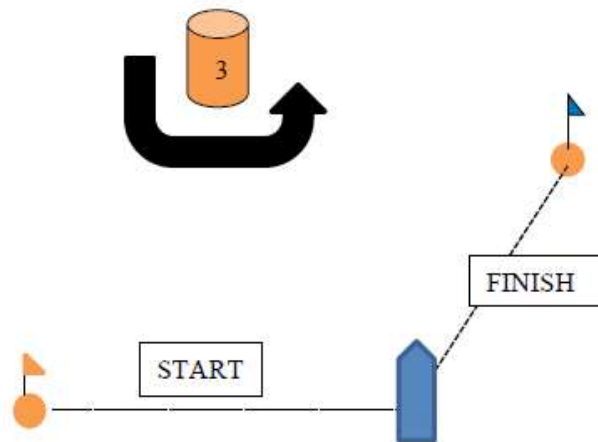
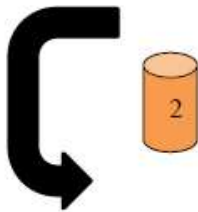
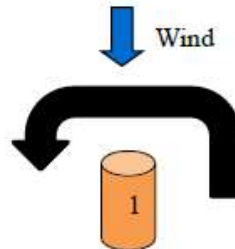
19 RUBBISH DISPOSAL

- 19.1 Rubbish may be placed aboard support or safety boats. It must not be deposited in Chew Valley Lake.



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APPENDIX A



One Lap: 1(p), 2(p), 3(p), Finish

Two Laps: 1(p), 2(p), 3(p), 1(p), 3(p), Finish

Three Laps: 1(p), 2(p), 3(p), 1(p), 3(p), 1(p), 2(p), 3(p), Finish

Four Laps: 1(p), 2(p), 3(p), 1(p), 3(p), 1(p), 2(p), 3(p), 1(p), 3(p), Finish. Etc...

Not to Scale