



CHEW VALLEY LAKE
SAILING CLUB

SAILING INSTRUCTIONS

RS200 South West Ugly Tour Open Meeting Saturday 24th October 2026 Chew Valley Lake Sailing Club

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing 2025-2028 (RRS), the Rules of CVLSC Ltd, the Rules of the Class Association and the Bristol Water byelaws. Competitors will also behave in accordance with the RYA Racing Charter.
- 1.2 In the case of a conflict between the Notice of Race and the Sailing Instructions, the SI's will take precedence. This changes RRS 63.7.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 09:30 on the day of the event.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 The race office is located on the upper floor at the southern end of the clubhouse.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff adjacent to the race office.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP. This changes race signals AP.

6 CLASS FLAGS

- 6.1 The RS200 class flag shall be used where available. If unavailable, Code Flag Q shall be used.

7 RACING AREA

- 7.1 The racing area will be confirmed at the briefing.
- 7.2 The sailing area is limited by lines of white buoys which are continuing obstructions for RRS 18 and RRS 19. A boat shall not sail outside this sailing area except in an emergency.
- 7.3 A boat shall launch and come ashore only at slipways and adjacent shore unless in an emergency.

8 COURSES

- 8.1 Courses to be sailed will be Windward / Leeward. The diagram in Addendum A shows the course, the order in which marks are to be passed and the side on which each mark is to be passed.
- 8.2 The number of laps to be sailed will be indicated by boards on the side of the committee boat.

9 MARKS

- 9.1 Marks 1, 1a, 2 and 3 will be orange inflatable marks.
- 9.2 Note, the numbers on the marks may not correspond to their position on the course.
- 9.3 When a gate mark is used, if one or other of the gate marks is missing, the remaining mark shall be left to port. This changes RRS 34.

10 OBSTRUCTIONS

- 10.1 [NP] Competitors should leave a minimum distance of 25m from fishing boats & hatchery nets, and 50m from shore based fishing. A prohibited zone created by this sailing instruction is an obstruction.

11 THE START

- 11.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The start line will be between a staff displaying an orange flag on the committee boat and either a mark or vessel flying an orange flag.
- 11.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 12.2 Minor mark moves of up to 100m or approximately 5 degrees may be made without a signal. This changes RRS 33.

13 THE FINISH

- 13.1 The finishing line is between a staff displaying a blue flag on the committee boat and a blue flag on the finishing mark or, if finishing at Mark 1 under a shortened course, the finish line will be between a committee boat displaying a blue flag and Mark 1.
- 13.2 The course may be shortened in accordance with RRS 32 . For courses that are shortened at mark 3 the shortened course will be indicated by the committee boat flying flag S accompanied by two sound signals as the leading boat approaches mark 3. The leading boat shall round the mark on its required side and then proceed to the normal finish line. After completing the same number of lapses the leader, all other boats should finish in the same way.

14 PENALTY SYSTEM

- 14.1 RRS 44.1 will apply requiring a two turn penalty. Any penalties incurred within the mark zone of mark 1 may be taken after rounding mark 1a as per RRS 44.2. Competitors are reminded to be aware of Rule 44.1 (b) "if the boat.....despite taking a penalty, gained a significant advantage in the race or series by her breach, her penalty shall be to retire.".
- 14.2 The Post Race Penalty and the RYA Arbitration Procedures of the RYA Rules Disputes Procedures will be available. Decisions for Arbitration can be referred to the protest committee but cannot be reopened or appealed.

15 TIME LIMITS

- 15.1 The Mark 1 Time Limit will be 30 minutes.
- 15.2 If no boat has passed the first mark within the Mark 1 time limit. The race will be abandoned and can be sailed again.
- 15.3 The target time for the lead boat in each fleet to finish is 40 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 60.1.
- 15.4 The time limit for the lead boat in each race is 60 minutes. Boats failing to finish within 20 minutes after the first boat sails the course and finishes (excepting finishing under SI 15.5) will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 15.5 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within the time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes RRS 61.1(a).

16 HEARING REQUESTS

- 16.1 The protest time limit is 30 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.2 Hearing request forms are available from the race office.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at ground floor level at the southern end of the clubhouse.

17 SAFETY REGULATIONS

- 17.1 [DP] [NP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

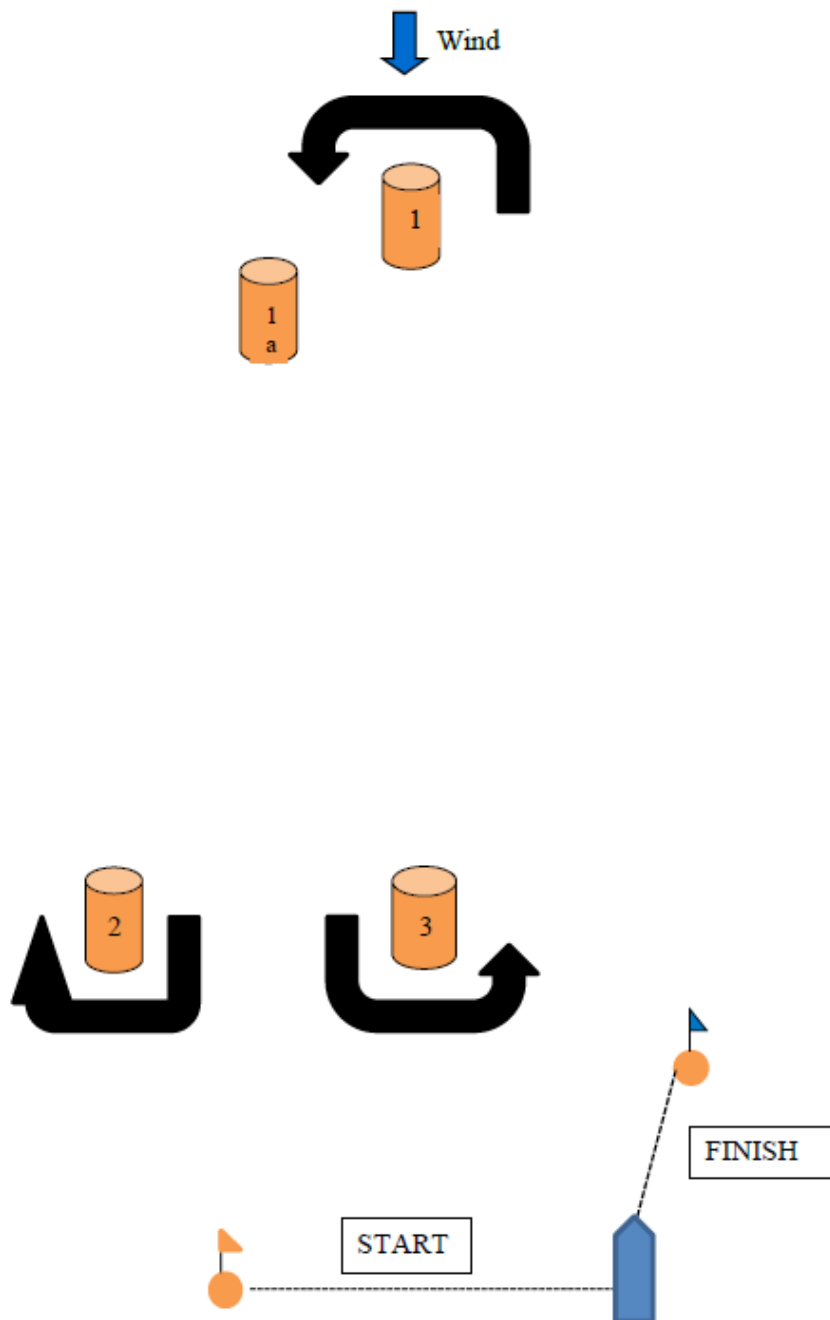
18 EQUIPMENT AND MEASUREMENT CHECKS

- 18.1 [NP] A boat or equipment may be inspected at any time for compliance with the Class Rules, Notice of Race and Sailing Instructions.

19 RUBBISH DISPOSAL

- 19.1 Rubbish may be placed aboard support or safety boats. It must not be deposited in Chew Valley Lake.

ADDENDUM A



One Lap: 1(p), 1a(p), 3(p), Finish

Two Laps: 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 3(p), Finish

Three Laps: 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 3(p), Finish

Four Laps: 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 2(s)/3(p), 1(p), 1a(p), 3(p), Finish

Not to Scale