



## **Ely Sailing Club**

### **Cambs Youth Sailing League Series**

### **Ely Meeting - Saturday 9<sup>th</sup> July 2022**

## **Sailing Instructions**

### **1. RULES**

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), barring any amendments listed in these Sailing Instructions.
- 1.2. Competitors should note that Ely Sailing Club has implemented the RYA Racing Charter and that when entering competitors shall sail in compliance with the charter. The Racing Charter can be found at the beginning of the RRS.
- 1.3. The Cambs Youth League supplementary sailing instructions will apply.  
<http://youthleague.csysa.org.uk/index.php/rules>

### **2. NOTICE TO COMPETITORS**

Notice to competitors will be posted on the official notice board located inside the clubhouse and on the Ely Sailing Club website.

[https://www.elysailingclub.org/files/ugd/28449a\\_09c0ba25a5454a4d930a3c81111706c4.pdf](https://www.elysailingclub.org/files/ugd/28449a_09c0ba25a5454a4d930a3c81111706c4.pdf)

### **3. CHANGES TO SAILING INSTRUCTIONS**

Changes may be made to the Sailing Instructions at any time. Changes to the Sailing Instructions will be notified using flag Lima (L). No race will start until at least 10 minutes after the change has been notified to competitors.

## 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the white Starters Box
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 10 minutes' in the race signal AP.

## 5. SCHEDULE OF RACES

- 5.1. The series will consist of up to 3 races.
- 5.2. The proposed starting times are shown in the following table.

Date	Race	Start Time
9 <sup>th</sup> July 2022	1	11:00 (Warning Signal 10:55)
	2	After lunch. No earlier than 12:30
	3	ASAP After Race 2

## 6. CLASS FLAGS

Due to the wide variation of boat speeds competing, boats may be started in flights. This will be determined once entries are known. For example:

Flight	Class	Flag
1	Optimists and dinghies of similar yardstick.	Numeral Pennant 1
2	Mirrors, Toppers and dinghies of similar yardstick.	Numeral Pennant 2
3	Lasers, Graduates, Enterprises and boats of similar yardstick.	Numeral Pennant 3

## 7. RACING AREA

This may include the whole of the lake. (See map that is diagram only, or the pin board).

## 8. THE COURSES

- 8.1. Courses will be displayed on the Course Board in the Starters Box
- 8.2. The course may be changed after the first race. Any change will be indicated by the Signal Flag Lima (L) over Signal Flag Charlie (C) being displayed. In this case Sailing Instruction 3 applies.
- 8.3. The course boards indicate the sequence of rounding the marks from left to right and the background colour Red or Green indicates which way to

round the mark Red to Port and Green to Starboard. The number of laps may be indicated by a black numeral on a white background.

8.4. The start line will become a gate for each lap thereafter.

## **9. MARKS**

Marks are numbered 1-8 and are moveable spherical orange buoys, which will be in the approximate area shown on the map. (Appendix 1) A lead boat may be provided at the discretion of the Race Officer.

## **10. AREAS THAT ARE OBSTRUCTIONS**

The following areas are designated as obstructions:

- A. Islands
- B. Jetties & Pontoons
- C. Areas marked with stakes and buoys
- D. A safety boat in close attendance to a small craft or competitor in difficulty.

## **11. THE START**

- 11.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2. The start signal for the first fight will act as the 5 minute signal of the second fight and so on.
- 11.3. The starting line shall be between the Committee Boat mast and a Yellow Buoy with a blue or pink flag.
- 11.4. An inner distance mark will be used. Any competitor passing between the inner distance mark and the Committee Boat will be disqualified unless they re-round the Committee Boat or an outer distance mark and pass correctly through the line to start.
- 11.5. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

## **12. THE FINISH**

- 12.1. The finish line will be between a Committee Boat (which may not be the starting Committee Boat) and a spherical yellow buoy with a blue or pink flag.
- 12.2. After approximately 45 minutes (or at the Race Officer's discretion) Flag "S" plus two sound signals will signify that the race is to be finished.

- 12.3. Each boat will be finished as it passes through the “gate” to complete the lap that it is sailing when the race is shortened. Average lap times will be applied.
- 12.4. The committee boat will display a blue flag when it is in position as the finishing line.
- 12.5. The number of laps completed and the total elapsed time will be recorded for each boat.
- 12.6. After finishing, boats shall keep clear of the finishing gate and of all boats that are continuing to race.

### **13. PENALTY SYSTEM**

Boats which fail to start or finish correctly or to sail the course as set and thus fail to comply with RRS28 may be disqualified without protest or a hearing, except that boats that fail to pass through the upwind gate (see S.I.8.4) will not be disqualified but will be credited only with the number of laps they have sailed correctly. The Race Committee shall record the finishing time or place as appropriate as well as noting the disqualification. This changes RRS63.1.

### **14. TIME LIMITS AND TARGETS**

- 14.1. Time limits and target times are as follows:
- Target time for each race will be 45 minutes. Time limit for each race will be 75 minutes.
  - Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 14.2. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

### **15. PROTEST AND REQUEST FOR REDRESS**

- 15.1. Intention to protest must be raised with the Committee boat at the end of the relevant race.
- 15.2. Protest forms are available in the Starters Box. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.3. The protest time limit for the first race is 30 minutes after the last boat has finished and the time limit for the last two races is 30 minutes after the last boat has finished the last race of the day. If all races are back-to-back, the protest time limit for all races is 30 minutes after the last boat has finished the last race of the day.
- 15.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Starters Box.

15.5. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

## **16. SCORING**

16.1. The Low Point System of Appendix A4 will apply.

16.2. One race is required to be completed to constitute a series.

16.3. (a) When two or fewer races have been completed, a boat's series score will be the total of her race scores.

(b) When three races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **17. SAFETY REGULATIONS**

17.1. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. RRS 4.

17.2. All competitors shall wear a personal flotation devices at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not considered personal flotation devices. This changes rule 40 and the preamble to Part 4.

17.3. A boat that retires from a race shall notify the race committee as soon as possible.

17.4. The provision of a race management team, RIBs and other officials and volunteers does not relieve the boat of their own responsibilities.

17.5. The provision of RIB cover is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.

17.6. It is a condition of racing that a Competitor shall comply with the instructions of RIB crews. Any action by these crews solely intended to ensure the safety of a competitor, such as recovering crew or separated components of the boat, is not "outside help" as defined in RRS 41 and is not subject to protest from another competitor. The competitor may continue to race.

17.7. Where the RIB crew renders assistance greater than that necessary solely for safety considerations, such as righting or re-orientating the boat, providing spares or effecting repairs, the crew may so advise the competitor who shall retire immediately.

17.8. No action by a RIB when performing activities deemed necessary for safety reasons will constitute grounds for redress.

## **18. REPLACEMENT OF CREW OR EQUIPMENT**

- 18.1. Substitution of competitors will not be allowed without prior written approval of the race committee.
- 18.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **19. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **20. TRASH DISPOSAL**

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

## **21. PRIZES**

Ely Sailing Club Organising Committee will award prizes for the following:

- Overall - Leading three (3) competitors.
- 14 years of age and under - Leading two (2) competitors.
- 11 years of age and under - Leading two (2) competitors.
- Youngest Competitor.
- Endeavour Prize.
- Team Prize.

## **22. DISCLAIMER OF LIABILITY AND INSURANCE RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event
- h) Their boat is adequately insured, with cover of at least £3,000,000 against third party claims

## Appendix 1

