



# **Grafham Water Sailing Club Joining Information for RYA Windsurfing Taster**

Thank you for booking one of our taster sessions, we look forward to showing you the ropes. Here is some important information about your upcoming course.

Please make sure you are changed and ready to go out on the water at the prearranged time of your taster session.

#### Arrival for courses:

Please come to: Grafham Water Sailing Club, Chichester Way, Perry, Huntingdon, PE28 0BU. Directions are on the next page. Tel. 01480 810478. There is plenty of parking on site.

On arrival, please meet your instructor ouside the training room (see next page for location).

### **Equipment and clothing needed:**

All courses are very practical - our classroom is on the water! However, a small amount of time is spent ashore to cover/reinforce certain aspects of the training. Please come ready to change into sailing clothes which you do not mind getting wet (further details below). Jeans or other denim are not suitable. A wetsuit is advisable.

Buoyancy aids, which must be worn on the water, are provided, although you may wear your own if you have one; this will be checked for suitability by your instructor. You must be confident in the water and able to swim a minimum of 25 metres.

Secure footwear should be worn - these will get wet as we launch from a shallow-shelving beach. If you have wetsuit-type dinghy boots, they will be ideal; if not old trainers or plimsolls are okay. Wellington boots, sandals or flip-flops are not suitable!

#### Questions/further information:

If you require any further information, please do not hesitate to contact us.

Hilary Talbot GWSC Training Principal

## **Clothing and equipment:**

We supply:	You should bring:
Boards     Buoyancy aids     Lunches can be purchased on weekends at extra cost.	<ul> <li>Wetsuit (ideally)</li> <li>Waterproofs(if you have any)</li> <li>Warm clothing(layers)</li> <li>Soft footwear</li> <li>A change of clothes</li> <li>Medication, such as inhalers</li> <li>High factor sun cream (essential)</li> </ul>
	<ul><li>Sun hat or warm hat (depending on weather)</li><li>Sailing gloves (optional)</li></ul>

## How to find us:



As you enter Perry from the B661, turn into Chichester Way (opposite the Wheatsheaf pub).

Carry on to the end of the road.

The club's entrance is via the green gate on the right.

## Locating the training room:

When looking at the clubhouse from the roundabout, this can be found on the ground floor, left-hand corner.

Just around the corner from the stairs that lead up to the ladies changing room.



Training room