

Grafham Water Sailing Club RYA Wingfoiling Taster Joining Information

Thank you for booking one of our taster sessions. Here is some important information about your upcoming session.

Please make sure you are changed and ready to go out on the water at the prearranged time of your session.

Arrival for sessions:

Please come to: Grafham Water Sailing Club, Chichester Way, Perry, Huntingdon, PE28 0BU. Directions are on the next page. Tel. 01480 810478. There is plenty of parking on site.

On arrival, please meet your instructor outside the training room (see next page for location). Please ensure you bring any medication you may need, such as inhalers.

Equipment and clothing needed:

All courses are very practical - our classroom is on the water! However, a small amount of time is spent ashore to cover/reinforce certain aspects of the training. Please come ready to change into sailing clothes which you do not mind getting wet (further details below). Jeans or other denim are not suitable. You will need to bring a full length long or short armed wetsuit (3/2mm thickness minimum).

Buoyancy aids, which must be worn on the water, are provided, although you may wear your own if you have one; this will be checked for suitability by your instructor. You must be confident in the water and able to swim a minimum of 25 metres.

Safety Helmets, which must be worn on the water, are provided, although you may wear your own if you have one; this will be checked for suitability by your instructor.

Secure footwear should be worn - these will get wet as we launch from a shallow-shelving beach. If you have wetsuit-type surf/dinghy boots/shoes, they will be ideal; if not light soled trainers or plimsolls are okay. Wellington boots, sandals or flip-flops are not suitable!

Questions/further information:

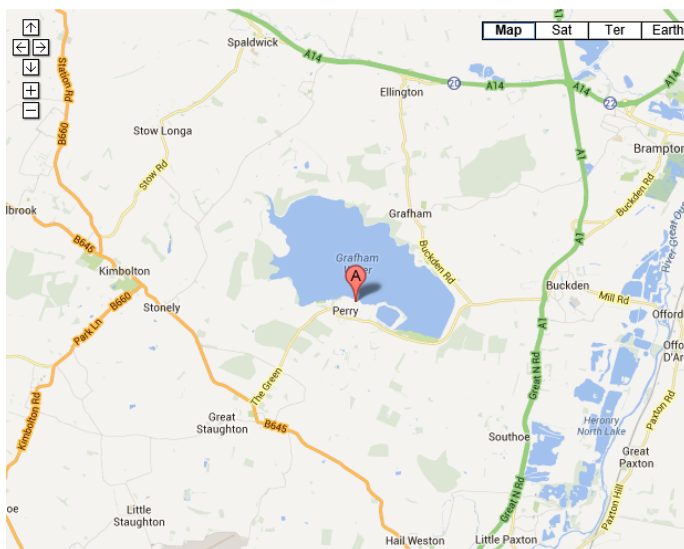
If you require any further information, please do not hesitate to contact us.

GWSC Training Principal

Clothing and equipment:

We supply:	You should bring:
• Boards • Buoyancy aids • Helmets	• Wetsuit full length, long or short armed 3/2mm • Light soled footwear • A change of clothes • Medication, such as inhalers • High factor sun cream (essential) • Sun hat or warm hat (depending on weather) • Sailing gloves (optional)

How to find us:



As you enter Perry from the B661, turn into Chichester Way (opposite the Wheatsheaf pub).

Carry on to the end of the road.

The club's entrance is via the green gate on the right.

Locating the training room:

When looking at the clubhouse from the roundabout, this can be found on the ground floor, left-hand corner.

Just around the corner from the stairs that lead up to the ladies changing room.



Training room