



IOCA (UK) Girls Oppie Camp 2016

30th Aug – 1st Sep 2016

What to bring

- Sleeping bag
- Pillow
- Towel
- Sailing Kit (in separate bag to take to Club each day)
- Swimsuit
- Suncream
- Favourite Snacks
- Book

Electronics/Medication

No electronics, please. We will have a lot more fun without them! Please hand in any mobile phones/medication at registration for safe keeping.