
LEIGH AND LOWTON SAILING CLUB
SAILING INSTRUCTIONS JUNIOR WINTER REGATTA
5th March 2016

1 RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2 Racing rule(s) 33, 40.1, Appendix A (A4.2) will be changed as follows:

- Legs of the course will not be altered after the preparatory signal
- 40.1 is changed: Flag Y will not be flown, personal buoyancy must be worn at all times when afloat
- Appendix A 4.2 is changed so that a boat that does not finish a race scores the for the points for the finishing place one more than the number of boats starting the race.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted 30 minutes before the start of the race it will take effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed at the race control flag staff.

5 SCHEDULE OF RACES

Registration: 0900 to 1020 Briefing: 1020
1st race 1100 races 2 and 3 to follow as described at briefing
The scheduled time of the warning signal for the first race is 1055.

6 CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Flag</i>	<i>Class</i>	<i>Flag</i>
U19 Handicap	Numeral 1	Topper	Numeral 2
Optimist	Numeral 3	Coached Regatta Fleet	Numeral 4

7 RACING AREAS

The racing area will be Pennington Flash.

8 THE COURSES

8.1 The course will be displayed on the committee boat prior to the warning signal for that race.

8.2 All boats must pass through the gate formed between the committee boat and a dan buoy showing an orange flag on completion of each lap, marked on course board as "L". This must be passed from the direction of the previous mark.

8.3 The number of laps to be sailed will be displayed on the committee boat prior to the warning signal.

9 MARKS

Marks used will be standard club racing marks. Mark Y and Mark A (orange cylindrical inflatables) may be laid anywhere on the Flash as an extra mark of the course.

10 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: The nature reserve shown on the map on the official notice board.

11 THE START

The starting line will be between a staff on the committee boat showing an orange flag and a dan buoy showing an orange flag

12 THE FINISH

The finishing line will be between the staff on the committee boat showing a blue flag and a dan buoy showing an orange flag.

13 PROTESTS AND REQUESTS FOR REDRESS

13.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit with a £10 deposit, returnable as long as the protest does not consider the protest frivolous.

13.2 For each fleet, the protest time limit is 30 minutes after the last boat has finished the last race of the day

13.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located in the clubhouse.

13.4 Competitors may request an advisory hearing (within the protest time limit, no protest form required). If an advisory hearing is requested the protest time limit (if required) will be extended to 15 minutes after completion of the hearing. The outcome of the advisory hearing can be as follows:

1. No rule infringement found, no penalties required, no protest lodged
2. Parties agree to an exoneration penalty equal to 20% of the boats that started the affected race added to the finishing place, but not worse than a DNF. (as described in RRS 44.3 c)
3. No resolution found formal protest lodged.

14 SCORING

14.1 The Low Point scoring system of Appendix A will apply.

14.2 1 race is required to be completed to constitute a series.

- 14.3**
- (a) When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15 SAFETY REGULATIONS

All competitors must follow the safety instruction of any of the safety or race team, following the instruction of the safety instruction will not be considered as grounds for redress.

16 REPLACEMENT OF CREW OR EQUIPMENT

16.1 Substitution of competitors will not be allowed

16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.

