
LEIGH AND LOWTON SAILING CLUB
SAILING INSTRUCTIONS 29er Sprint Open 28th January 2017

1 RULES

1.1 The regatta will be governed by the rules as defined in the *The Racing Rules of Sailing*.

1.2 Racing rule(s) 33, 40.1, 44.1 will be changed as follows:

- Legs of the course will not be altered after the preparatory signal
- 40.1 is changed: Flag Y will not be flown, personal buoyancy must be worn at all times when afloat
- RRS 44.1 is changed so that only one turn, including one tack and one gybe, is required.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted 30 minutes before the start of the first race.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed at the race control flag staff.

5 SCHEDULE OF RACES

Registration: 09:30 to 10:00

Competitor Briefing: 10.15

Warning signal for the first race: 1057, subsequent races to follow.

6 CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Flag</i>
29er	Numeral 1

7 RACING AREAS

The racing area will be Pennington Flash.

8 THE COURSES

8.1 The course will be as per Appendix 1, however 4P and 4S may be to leeward of the start/finish line.

It is NOT necessary to pass through the start/finish line on each lap.

8.2 The number of laps to be sailed will be displayed on the committee boat prior to the warning signal, and this may be more than 4

9 MARKS

The Marks to be used will be detailed at the briefing.

10 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: The nature reserve shown on the map on the official notice board.

11 THE START

The starting line will be between a staff on the committee boat showing an orange flag and a dan buoy showing an orange flag.

The starting sequence shall be 3-2-1-go this changes rule 26.

After finishing and clearing the finishing line boats shall keep clear of the finishing area and of all boats not yet finished.

12 TIME LIMIT

Any time limit will be notified at the briefing.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1** Protest forms are available at the race office. Protests shall be delivered there within the protest time limit with a £10 deposit, returnable as long as the protest committee does not consider the protest frivolous.
- 13.2** For each fleet, the protest time limit is 30 minutes after the last boat has finished the last race of the day
- 13.3** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located in the clubhouse.
- 13.4** Competitors may request an advisory hearing (within the protest time limit, no protest form required). If an advisory hearing is requested the protest time limit (if required) will be extended to 15 minutes after completion of the hearing. The outcome of the advisory hearing can be as follows:
1. No rule infringement found, no penalties required, no protest lodged
 2. Parties agree to an exoneration penalty equal to 20% of the boats that started the affected race added to the finishing place, but not worse than a DNF. (as described in RRS 44.3 c)
 3. No resolution found formal protest lodged.

14 SCORING

The low points scoring system of Appendix A (Rule A2) will apply.
When fewer than 5 races have been completed a boats series score shall be the total of her race scores.
When 5 or more races have been completed a boats series score shall be the total of her race scores excluding her worst score.

15 SAFETY REGULATIONS

All competitors must follow the safety instruction of any of the safety or race team, following the instruction of the safety instruction will not be considered as grounds for redress.

16 REPLACEMENT OF CREW OR EQUIPMENT

- 16.1** Substitution of competitors will not be allowed
- 16.2** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.

L

Course: Windward/Leeward

Signal	Marking Rounding Order
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish