

**Leigh and Lowton Sailing Club**  
**LLSC Junior/Youth Long Distance Team Event 2021**  
**SAILING INSTRUCTIONS (SIs)**

**1. RULES**

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing* 2021-2024.
- 1.2. The racing rules will be changed as follows as well as other changes outlined in these SIs.
  - 1.2.1 Rule 26 will be changed to allow an alternate starting sequence
  - 1.2.2 Rule 40 changed so that personal buoyancy must be worn at all times when afloat. Flag Y will not be displayed.
  - 1.2.3 Rule 41 changed - Safety boat crews will be permitted to provide assistance to less experienced sailors and help recover boats from capsize without penalty.

**2. CHANGES TO SAILING INSTRUCTIONS**

- 2.1. Any change to the sailing instructions will be posted at least 30 minutes before the race or before any subsequent change takes effect.

**3. NOTICES TO COMPETITORS**

- 3.1. Notices to competitors will be posted on the official notice board located in the club house.
- 3.2. In addition to changes to racing instructions, any specific requirements in line with government and club COVID restrictions will be notified to competitors in advance and posted on the day.
- 3.3. Teams shall be deemed to have read any notice which has continuously been displayed on the official notice board for 30 minutes or more. Teams shall be solely responsible for checking the notice boards.

**4. SIGNALS MADE ASHORE**

- 4.1. Signals made ashore will be displayed at the race box above the clubhouse.
- 4.2. When flag AP is displayed, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

**5. SCHEDULE OF RACES**

- 5.1. Date of racing: Saturday 26<sup>th</sup> June 2021.
- 5.2. There will be one race scheduled.
- 5.3. The scheduled time of the warning signal for the first race is 8:55.

**6. CLASS FLAGS**

- 6.1. There will be no class flag used.

**7. RACING AREAS**

SI Attachment A shows the location of the racing area.

**8. THE COURSES**

- 8.1. The diagram below in Attachment A shows the approximate positions of the marks; the distances and angles are not to scale. In addition to the marks shown, temporary marks A and Y (orange pillar buoys) may be used in any location.
- 8.2. No later than the warning signal, the course to be sailed will be displayed on the Race Control Box. A Red background indicates marks to be rounded to Port and a Green background indicates marks to be rounded to Starboard. The number of laps is not shown, see SI 13.2.

- 8.3. Boats who fail to sail the correct course on a lap will be penalised with a 10 minute penalty without a hearing if observed by a member of the Race Committee.

**9. MARKS**

- 9.1. Marks 1, 2, 3, 4, 5, 6, 7, 8, 9 and X are spherical buoys. Marks I, M and O will be white spherical buoys. Mark P will be a red spherical buoy. Marks Y and A will be orange pillar buoys, may have sponsor branding, and can be placed in any position on the lake.
- 9.2. The starting and finishing limit marks will be some combination of I, M & O, white spherical buoys as posted on Race Control Box.

**10. OBSTRUCTIONS**

The following areas are designated as obstructions:

- 10.1. The nature reserve beyond racing marks 3, 4, 5 and 6, which is marked with green buoys.
- 10.2. In the proximity of fishermen's equipment (approx. 20 metres from shore).
- 10.3. A yellow buoy near Mark 7 indicating the approximate position of an underwater obstruction which should be passed on the deep water side.

**11. THE START**

- 11.1. Races will be started as follows:  
 Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Minutes before start	Visual Signal	Sound Signal	Means
5	Red Light on	1	Warning signal
4	2 <sup>nd</sup> Red Light on	1	Preparatory signal
1	2 <sup>nd</sup> Red Light off	1	One-minute
0	All lights off	1	Starting signal

- 11.2. The starting line is a line formed by an orange pole on the Race Control box and a black/white striped pole, defined at the inner and outer end by I, M, O marks as indicated on the Race Control Box.
- 11.3. Individual recall will be signalled by an additional signal and a white light, General Recall will be signalled by an additional two signals and a blue light. The start sequence will automatically restart with the removal of the blue light followed one minute later by the red warning signal. A boat not returning after being OCS will be given a 10 minute penalty.
- 12. CHANGEOVERS, TEAM MEMBERS & MAINTENANCE**
- 12.1. The event will be sailed in GP14s. The boats must adhere to class rules at all times and make a declaration that their buoyancy test is current. The only exception is that smaller, cut down sails of any kind may be used.
- 12.2. Team members can be changed at any time but ensuring that at least 4 members of their team do 2 hours minimum of sailing time each, helming or crewing.
- 12.3. Helm and crew may change places at any time. Two or three people may be on board at any time.
- 12.4. Each team is required to keep their own log of when changeovers occur and their lap times each time through the start/finish line,

plus any on-the-water penalties taken. The team must inform the Race Committee as soon as possible after taking a penalty, with an approximate time of incident.

- 12.5. Team members may only sail for one team in the event, unless with the express permission of the Race Committee.
- 12.6. Teams wishing to enter the U14 race and ladies' race, must enter on a separate sign on sheet before the start of that race. Timings of those races will be placed on the official noticeboard.
- 12.7. The changeover may take place either on the pontoon if provided or on the shoreline in front of the club. Only one team is permitted to change over at once on the pontoon. Teams will not deliberately obstruct other teams at the changeovers and the Race Committee may penalise any team 10 minutes without hearing for this infringement.
- 12.8. If a team's boat requires maintenance of any kind, it must be hauled out onto a trolley and attended to on the beach, this is a safety measure. Any equipment may be replaced, sails changed or remedies made as required by the team.

**13. THE FINISH**

- 13.1. The finishing line is a line formed by an orange pole on the Race Control Box and a black/white striped pole, across the full width of the lake.
- 13.2. The race committee will signal that the finish line will shortly be opened by displaying a flashing beacon on the Race Control Box with two sound signals at 20.30hrs (or earlier if race is shortened). Once indicated, every boat subsequently completing their current lap will be finished (irrespective of the number of laps completed) and then average lap times will be calculated.

**14. RACE ADJOURNMENT**

- 14.1. A race may be adjourned at any time and restarted at the discretion of the Race Committee by flying "N" over "AP" from the Race Control Box with 3 sound signals. The average lap time of completed laps to that point will be used as the basis for the results, together with any restarted average laps times, averaged out. The race will be restarted in the same way as the initial start. When an adjourned race is not restarted then the Race Committee may allocate prizes based on average laps times to that point.

**15. TIME LIMITS AND TARGET TIMES**

- 15.1. There will be no time limit for the race.

**16. HEARING REQUESTS**

- 16.1. Hearing request forms are available at the race control box. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 16.2. The Protest Time Limit is 30 minutes after the protesting competitor has finished the session on the water when the incident occurred.
- 16.3. RRS62.2 is changed as follows: A request shall be in writing and identify the reason for making it. If the request is based on an incident in the racing area, it shall be delivered to the race office within the protest time limit. Other requests shall be delivered as soon as reasonably possible after learning of the reasons for making the request. The protest committee shall extend the time if there is good reason to do so. No red flag is required.

16.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the training building.

16.5. Under the provision of the RYA racing charter, competitors may request an advisory hearing (within the protest time limit, no hearing form required). If an advisory hearing is requested the protest time limit (if required) will be extended to 15 minutes after completion of the advisory hearing. The outcome of the advisory hearing can be as follows:

1. No rule infringement found, no penalties required, no protest lodged.
2. Parties agree to an exoneration penalty of 10 minutes added to that team's elapsed time.
3. No resolution found, a formal protest is lodged. If a competitor is found to have infringed a rule and penalised by the protest committee then an exoneration penalty of 20 minutes will be added to that team's elapsed time.

**17. SAFETY REGULATIONS**

17.1. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

