

# Leigh and Lowton Sailing Club 2016 Regatta Weekend, Miracle Open & Optimist NW Areas

## SAILING INSTRUCTIONS

- 1 RULES**  
The regatta will be governed by the rules as defined in *The Racing Rules of Sailing for 2013-2016*. Racing rule 30.1 is changed as defined in Section 11. Rules 35, A4 and A5 are changed as defined in Section 15. Rules 61.3 and 62.2 are changed as defined in Section 16. Rule 40 is changed as defined in Section 18.
- 2 NOTICES TO COMPETITORS**  
Notices to competitors will be posted on the official notice board located in the clubhouse.
- 3 CHANGES TO SAILING INSTRUCTIONS**  
Any change to the sailing instructions will be posted at least 30 minutes before the scheduled start of racing. The initial posting of a new notice will be signalled by two sound signals and flag L.
- 4 SIGNALS MADE ASHORE**
- 4.1** Signals made ashore will be displayed at the race control box above the club house.
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP
- 4.3** When flag "L" is displayed a change to the SI's has been posted.
- 5 SCHEDULE OF RACES**
- 5.1** Date of racing: Saturday 9th and Sunday 10th July 2016
- 5.2** Number of races: There shall be 3 races scheduled per day. If any races are not sailed on the first day they may be postponed to the second day.
- 5.3** The competitors' briefing will take place on Saturday at 11.00 and Sunday at 10:00.
- 5.4** The scheduled time of the warning signal for the first race is 11:57 on Saturday and 10:57am on Sunday
- 6 CLASS FLAGS**  
The class flags to be used will be No. 1 Pennant for the 1<sup>st</sup> start, No. 2 Pennant for the second start and continue in this sequence. Fleets will be assigned on Saturday based on the number of entrants in each class.
- .7 RACING AREAS**  
The chart incorporated in appendix A shows the location of racing areas and the approximate position of the marks.  
It is intended that races will be started using a committee boat; designated a "Boat Start". An alternative will be to start using the fixed Club Line and this will be designated a "Line Start".
- 8 THE COURSES**
- 8.1** The course for each race will be displayed  
a) on the committee boat for a "boat start"  
b) in the Race box Window for a Club Line start  
and may not be altered after the warning signal (3 minutes) for the fleet. Marks shall be rounded in the order displayed. Red background to the number indicates marks to be rounded to Port, green background to the number indicates marks to be rounded to Starboard. The number of laps to be sailed will be displayed on the committee boat.
- The letter 'L' displayed at the end of the mark rounding sequence indicates that on completion of each lap all boats shall cross the start/finish line. The finish line is considered a gate for each lap of the course. For a boat start, the gate is between the committee boat and a dan buoy carrying an orange flag. For a line start, the gate is the start/finish line delimited by the inner and outer distance marks
- 8.2** Boats shall sail between the gate marks from the direction of the previous mark.
- 8.3** Boats who do not pass through the gate will not be scored for that lap.
- 9 MARKS**  
The chart incorporated in this appendix shows the approximate location and numbering of the racing marks, the distances and angles shown are not to scale. Marks 1, 3, 5, 7 and 9 will be yellow spherical buoys, 2, 4, 6, 8 and X will be orange spherical buoys. In addition inflatable orange pillar marks designated 'Y' and 'A' may be used in any location in the course.
- 10 AREAS THAT ARE OBSTRUCTIONS**  
The following areas are designated as an obstruction:
- 10.1** The nature reserve beyond racing marks 3, 4, 5, and 6, which is marked with green buoys
- 10.2** In the proximity of fishermen's equipment (approx. 20 metres from shore)
- 11 THE START**
- 11.1** The Warning Signal will be given 3 minutes before the starting signal  
**RRS25 is amended to read as follows:** Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.
- | Signal      | Flag and sound                         | Mins prior to start |
|-------------|--|---------------------|
| Warning     | Class flag; 1 sound                    | 3                   |
| Preparatory | P, I, or black flag; 1 sound           | 2                   |
| One-minute  | Preparatory flag removed, 1 long sound | 1                   |
| Starting    | Class flag removed; 1 sound            | 0                   |
- The warning signal for each succeeding class shall be made with the starting signal of the preceding class (unless that class is recalled).  
In the event of a general recall the recalled fleet will start after the other classes.
- 11.2** When a General Recall is signalled for any class, that Class will start after all other Classes. The First Substitute for this Recall will be removed at the preparatory signal for the next fleet start. This amends RRS 29.2
- 11.3** For a Recalled Black flag start, boats that were deemed to be BFD, will not be displayed and may restart as normal, but will be awarded a BFD in their results. This amends RRS 30.1. It is requested that boats do not restart if it was clear that they were a premature starter.
- 11.4** The starting line for a "boat start" will be between the staff displaying an orange flag on the committee boat and a dan buoy carrying an orange flag at the port end.
- 11.5** The starting line for a "line start" will be between a transit formed by a black & white pole on shore and a pole with a yellow triangle mounted on the Race Control Box. Inner and Outer distance ends of the line will be marked by two of the following three white marks Inner (I), Outer (O) and Middle (M). The distance marks to be used for a "line start" will be displayed in front of any course set.
- 11.6** Boats whose warning signal has not been made shall avoid the starting area.
- 11.7** A boat starting later than 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4/5.
- 12 CHANGE OF THE NEXT LEG OF THE COURSE**  
There will be no changes to the course after the race has started with the exception of the positioning of marks Y and A, which can be moved in accordance with RRS.
- 13 SHORTENING COURSE**  
Shortening course shall be indicated by 2 sound signals and displaying code flag "S" on the committee boat Boat (or flashing light on the Race Control Box for "Line Start"). Once indicated, every boat subsequently completing their current lap will be finished. This modifies RRS "Race Signals" for the first finisher.
- 14 THE FINISH**
- 14.1** The finishing line for a "boat start" will be between the staff on the committee boat showing a blue flag and a dan buoy carrying an orange flag at the port end.
- 14.2** The finishing line for a "line start" will be a transit formed by the black and white pole on the shore and the pole showing yellow triangle mounted on the front of the Race Control Box. Inner and outer distance of the line will be bounded by white buoys I and O. If M is displayed at the end of the course board it shall act to restrict the length of the line by replacing either the inner or outer distance marker and shall be passed to the side indicated by the colour.
- 15 TIME LIMITS**
- 15.1** The time limit shall be 75 minutes for the first boat to finish. If one boat finishes within that limit then the time limit will be amended to 20 minutes after the finishing time of the first boat. Boats failing to finish within the amended time limit shall be scored in their observed positions on the course or last mark rounding position if recorded. This changes RRS 35 and A5. Boats finished in this way will be advised of the fact by a safety boat and should stop racing thereafter.
- 15.2** A boat starting later than 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 16 PROTESTS AND REQUESTS FOR REDRESS**
- 16.1** Under the provision of the RYA racing charter, competitors can request an arbitration hearing.
- 16.2** Protest forms are available at the race control office. Protests shall be delivered there within the protest time limit.
- 16.3** For each class the protest time limit is 30 minutes after the last boat of the class has finished the last race of the day. [The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.]
- 16.4** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held a private area designated by the protest committee chairman.
- 16.5** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6** Competitors may request an advisory hearing (within the protest time limit, no protest form required). If an advisory hearing is requested the protest time limit (if required) will be extended to 15 minutes after completion of the hearing. The outcome of the advisory hearing can be as follows:

1. No rule infringement found, no penalties required, no protest lodged.
2. Parties agree to an exoneration penalty equal to 30% of the boats that started the affected race added to the finishing place (or a minimum of 3 places), but not worse than a DNF (as described in RRS 44.3 c).
3. No resolution found, formal protest lodged.

**16.7** Boats penalised as a result of a full protest hearing will be disqualified.

**17 SCORING**

- 17.1** The low point scoring system Appendix A8.1 of the RRS will apply.
- 17.2** 1 race is required to be completed to constitute a series for the event.
- 17.3** If fewer than 2 boats approach the starting area the race shall be void in the series.
- 17.4** With the exceptions noted below, the two days will be scored separately. When less than 3 races have been completed there will be no discards and all races will count. When 3 races have been completed one discard will be allowed. The overall winner across all fleets will be determined by the lowest points score over all 6 races – the John Barnes Trophy.

**Exceptions:** Optimist NW Areas/Miracle Open will be raced over 2 days. When 3 races or less have been sailed, all results will count towards the final score. When 4 or more races have been sailed, one discard will be allowed.

**17.5** Queries regarding results must be raised on the day of the race and prior to the prize giving on the final day.

**18 SAFETY REGULATIONS**

- 18.1** Personal Buoyancy must be worn at all times when on the water. Flag Y will not be displayed. This changes Rule 40.
- 18.2** All competitors must sign on for the regatta. A boat that retires from a race shall inform the race committee as soon as possible by signing the declaration sheet onshore.

**19 PRIZES**

As a minimum, prizes will be awarded to the first two boats in each class.

**20 RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

**21 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.

**APPENDIX A**

