

Leigh and Lowton Sailing Club  
RS400 Open 24<sup>th</sup> and 25<sup>th</sup> March 2018

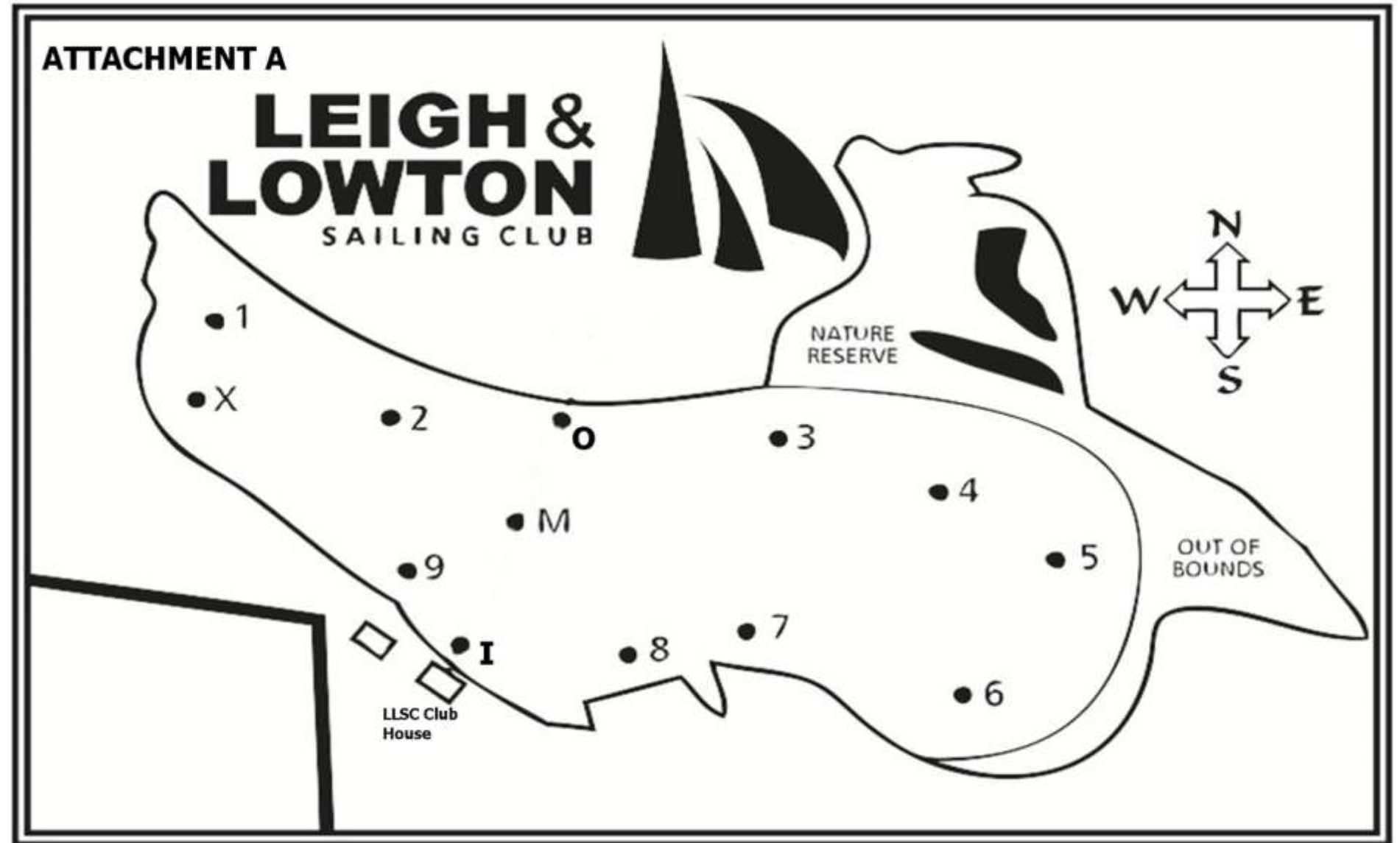
**SAILING INSTRUCTIONS**

- 1 RULES**  
The regatta will be governed by the rules as defined in *The Racing Rules of Sailing for 2017-2020*. Racing rule 30.1 is changed as defined in Section 11. Rules 35, A4 and A5 are changed as defined in Section 15. Rules 61.3 and 62.2 are changed as defined in Section 16. Rule 40 is changed as defined in Section 18. Section 13 changes RRS 31 and 44.1
- 2 NOTICES TO COMPETITORS**  
Notices to competitors will be posted on the official notice board located in the front window of the LLSC clubhouse.
- 3 CHANGES TO SAILING INSTRUCTIONS**  
Any change to the sailing instructions will be posted at least 30 minutes before the scheduled start of racing.
- 4 SIGNALS MADE ASHORE**
- 4.1** Signals made ashore will be displayed at the race control above the club house.
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes the meaning of AP in RRS Race Signals.
- 5 SCHEDULE OF RACES**
- 5.1** Date of racing: 24th and 25th March 2018
- 5.2** Number of races: There shall be 3 races scheduled for the Saturday and 3 races for the Sunday
- 5.3** The competitors' main briefing will take place on Saturday at 12.00.
- 5.4** The scheduled time of the warning signal for the first race is 12:55 on Saturday and 10:25 on Sunday
- 6 CLASS FLAGS**  
The class flag for the RS400 fleet shall be the No. 1 Pennant.
- .7 RACING AREAS**  
The chart incorporated in appendix A shows the location of racing areas and the approximate position of the marks.
- 8 THE COURSES**
- 8.1** The course for each race will be displayed on the committee boat and may not be altered after the warning signal (5 minutes) for the fleet. Marks shall be rounded in the order displayed. Red background to the number indicates marks to be rounded to Port, green background to the number indicates marks to be rounded to Starboard. The number of laps to be sailed will be displayed on the committee boat.  
The letter 'L' displayed at the end of the mark rounding sequence indicates that on completion of each lap all boats shall cross the start/finish line (the line is formed between the mast of the committee boat flying an orange flag and the outer distance marker dan buoy showing an orange flag). Boats not crossing the start/finish line on any lap shall not be scored for that lap.
- 9 MARKS**
- 9.1** The chart incorporated in this appendix shows the approximate location and numbering of the racing marks, the distances and angles shown are not to scale. Marks 1, 3, 5, 7 and 9 will be yellow spherical buoys, 2, 4, 6, 8 and X will be orange spherical buoys In addition inflatable orange pillar marks designated 'Y' and 'A' may be used in any location in the course.
- 10 AREAS THAT ARE OBSTRUCTIONS**  
The following areas are designated as an obstruction:
- 10.1** The nature reserve beyond racing marks 3, 4, 5, and 6, which is marked with green buoys
- 10.2** In the proximity of fishermen's equipment (approx. 20 metres from shore)
- 10.3** A yellow buoy near Mark 7 indicates the approximate position of an underwater obstruction which should be passed on the deepwater side.
- 11 THE START**
- 11.1** Races will be started according to RRS 26 (5, 4, 1, 0 min). In the event of a general recall the recalled fleet will begin their start sequence again.
- 11.2** For a Recalled Black flag start, boats that were deemed to be BFD, will not be displayed and may restart as normal, but will be awarded a BFD in their results. This amends RRS 30.4. It is requested that boats do not restart if it was clear that they were a premature starter.
- 11.3** The starting line will be formed between the mast of the committee boat flying an orange flag and a dan buoy showing an orange flag.
- 11.4** To alert boats that a race is due to start soon, the orange starting line flag will be displayed with multiple sound signals approximately 1 minute before the first warning signal.
- 12 CHANGE OF COURSE & SHORTENING OF THE COURSE**
- 12.1** There will be no changes to the course after the race has started with the exception of the positioning of marks Y and A, which can be moved in accordance with RRS.
- 12.2** Shortening course shall be indicated by 2 sound signals and displaying code flag "S" on the committee boat. Once indicated, every boat subsequently completing their current lap will be finished. This modifies RRS "Race Signals" for the first finisher.
- 13 PENALTY SYSTEM**
- 13.1** Rule 44.1 is changed so that the two-turns penalty is replaced by one-turn penalty.
- 13.2** Boats may touch a mark other than the starting or finishing mark. This changes RRS 31.
- 14 THE FINISH**  
The finishing line will be a line formed between the mast of the committee boat flying an orange flag and a dan buoy showing an orange flag.
- 15 TIME LIMITS**
- 15.1** The time limit shall be 75 minutes for the first boat to finish. If one boat finishes within that limit then the time limit will be amended to 20 minutes after the finishing time of the first boat. Boats failing to finish within the amended time limit shall be scored in their observed positions on the course or last mark rounding position if recorded. This changes RRS 35, A4 and A5. Boats finished in this way will be advised of the fact by a safety boat and should stop racing thereafter.
- 15.2** A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 16 PROTESTS AND REQUESTS FOR REDRESS**
- 16.1** Under the provision of the RYA racing charter, competitors can request an arbitration hearing.
- 16.2** Protest forms are available at the race control office. Protests shall be delivered there within the protest time limit.
- 16.3** For each class the protest time limit is 30 minutes after the last boat of the class has finished the last race of the day. [The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.]
- 16.4** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held a private area designated by the protest committee chairman.
- 16.5** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6** Competitors may request an advisory hearing (within the protest time limit, no protest form required). If an advisory hearing is requested the protest time limit (if required) will be extended to 15 minutes after completion of the hearing. The outcome of the advisory hearing can be as follows:
1. No rule infringement found, no penalties required, no protest lodged.
  2. Parties agree to an exoneration penalty equal to 30% of the boats that started the affected race added to the finishing place (or a minimum of 3 places), but not worse than a DNF (as described in RRS 44.3 c).
  3. No resolution found, formal protest lodged.
- 16.7** Boats penalised as a result of a full protest hearing will be disqualified.
- 17 SCORING**
- 17.1** The low point scoring system Appendix A8.1 of the RRS will apply.
- 17.2** 2 races are required to be completed to constitute a series for the event.
- 17.3** If fewer than 2 boats approach the starting area the race shall be void in the series.
- 17.4** When fewer than 4 races have been completed a boat's series score will be the total of all her race scores.  
When 4 or more races have been completed a boat's series score will be the total of her race scores, excluding her worst score.
- 18 SAFETY REGULATIONS**
- 18.1** Personal Buoyancy must be worn at all times when on the water. Flag Y will not be displayed. This changes Rule 40.
- 18.2** A boat that retires from a race shall inform the race committee as soon as possible by signing the declaration sheet onshore.
- 18.3** Wetsuits or drysuits must be worn by all competitors.
- 19 PRIZES**  
As a minimum, prizes will be awarded to the first three boats.
- 20 RISK STATEMENT**  
Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."  
Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

**21 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event or the equivalent.



**APPENDIX A**