

LSTA Day Course Joining Instructions

The Largs Sail Training Association is the teaching branch of Largs Sailing Club. These instructions are for full day and multi day courses.

When you arrive please come into the front entrance to the sailing club where you will be welcomed by our team for registration.

Largs Sailing Club
Largs Yacht Haven
Irvine Road
Largs
North Ayrshire
KA30 8EZ



The course normally starts at 9:30 and with a break for Lunch at midday and then will continue until around 4:30. Pickup will be in the entrance area at the front of the clubhouse.

There are changing rooms, showers and teaching rooms at the sailing club. Some snacks and hot or cold drinks are available in the club house however we recommend that you bring a packed lunch with you. There are some options to purchase food on site in the marina but these may not be able to get food to you quickly enough to avoid delaying the course.

What's Included	What you need to bring
<ul style="list-style-type: none"> ● Wetsuit, ● Buoyancy Aid, ● Spraytop, ● Helmet ● Boats ● Fun 	<ul style="list-style-type: none"> ● Swimwear, Towel, Drinks, Suncream, weather appropriate clothing ● Spare pair of shoes to wear in the water with closed toes ● Lunch and Snacks ● Water Bottle.