

## FAQ's

1. What are the age requirements for the sessions?

Answer: Our taster sessions cater to children aged 8-11. However, we also offer a mixed-age program Starting September 27th. Please check the specific details of each session to ensure suitability.

2. Do participants need prior kayaking experience?

Answer: No prior experience is required! Our sessions are tailored for beginners, making it a perfect introduction to the sport.

3. What is the cost of the sessions?

Answer: If you book three days in August, the total comes to £30, working out at £10 per session. Our "Learn to Kayak" program in October has its separate pricing, which you can find on our website.

4. What should participants wear/bring?

Answer: Participants should come in comfortable sports attire that they don't mind getting wet. We provide all the necessary kayaking equipment. Paddling shoes, swimming shorts and a rash vest are recommended. Remember to also bring a change of clothes and a towel.

5. Is safety equipment provided?

Answer: Absolutely! We provide helmets, life jackets, and any other necessary safety equipment. Safety is our top priority.

6. What happens if the weather is unfavourable?

Answer: While our August sessions are generally uninterrupted, If there are any issues we will contact you prior.

7. How are the coaches qualified?

Answer: All our sessions have a lead coach with certified qualifications and appropriate DBS checks. Secondary coaches may be volunteers looking for experience. We ensure our Lead coaches are well-experienced and equipped to provide a fun and safe learning environment.

8. How do I book a session?

Answer: You can book directly through our online platform, Webcollect. Just scan the QR code on our promotional material, or visit our website for the booking link.

9. What is the maximum number of participants per session?

Answer: Each session has a limit of 14 participants. We recommend booking early to secure a spot.

10. What will participants learn during the taster sessions?

Answer: The sessions will introduce participants to the basics of kayaking, with a mix of games, skill-building, and fun activities. They'll get a feel for being on the water and learn foundational techniques.

11. What are the benefits of continuing after the taster sessions?

Answer: Post the taster sessions, we offer the "Learn to Kayak" program and winter pool sessions. This progression helps participants improve their skills, engage in competitive racing if interested, and see visible growth in their kayaking journey.

12. How can I get more involved or support the club?

Answer: We appreciate any support! Whether it's volunteering, sponsoring, or simply spreading the word, get in touch with us for more details on how you can help.

13. Will there be opportunities for competitive racing?

Answer: Yes! For those interested, we offer training to race competitively at both national and international levels.

14. How do I provide feedback or raise concerns?

Answer: We value your feedback and concerns. Please fill out our post-participation form, or you can directly contact [jake.brown@britishcanoeing.org.uk](mailto:jake.brown@britishcanoeing.org.uk) for any immediate concerns.

15. What would happen upon cancellation of the sessions?

Answer: We will issue an email with cancellation details and a full refund.