

PERSONAL FLOTATION DEVICES (PFDs)– SAFETY RULES AT NBYC

Racing Rules of Sailing - extract

1.2 Life-Saving Equipment and Personal Flotation Devices

A boat shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions.

40 PERSONAL FLOTATION DEVICES

40.1 Basic Rule When rule 40.1 is made applicable by rule 40.2, each competitor shall wear a personal flotation device except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.

NBYC Sailing Instructions – extract

20 PERSONAL FLOTATION DEVICES AND REEFING

20.1 RRS 40.1 shall apply at all times when afloat to the helm and crew of all centreboard boats, sailors aged under 18 or when sailing single handed.

20.2 RRS 40 is amended to the effect that crew of River Cruisers shall wear their personal flotation devices while on deck and are strongly recommended to wear them at all times. Responsibility for crew opting not to wear personal flotation devices in the cabin or cockpit of River Cruisers shall rest wholly with the skipper of each individual boat.

The effect of this is:

1. All boats must carry PFDs on board for the helm and all crew members **at all times**
2. PFDs must be worn **at all times** by:
 - a. Helm and crew of dinghies,
 - b. Sailors under 18,
 - c. Anyone sailing singlehanded.
3. **When flag Y is flown** from the corner of the clubhouse:
 - a. Keelboat sailors must wear PFDs,
 - b. River Cruiser sailors must wear PFDs while on deck and are strongly recommended to wear them at all times.