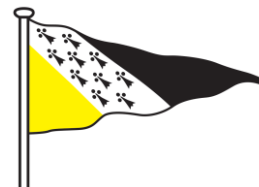


# NORFOLK BROADS YACHT CLUB

## SAILING INSTRUCTIONS (SIs)

Revised March 2025



*The Norfolk Broads Yacht Club (NBYC) has adopted the RYA Racing Charter and will do its utmost to adhere to the principles embodied within it.*

*The Post-Race Penalty, Advisory Meeting and RYA Arbitration procedures of the RYA Rules Disputes procedures shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. See the Official Notice Board in the clubhouse for details.*

[DP] Rules for which Penalties are at the Discretion of the protest committee

[NP] Rules that are not grounds for protest by a boat. This Changes (RRS) 60.1(a)

### 1 RULES

- 1.1 Racing is governed by the rules as defined in *The Racing Rules of Sailing 2025-2028*.
- 1.2 Competitors' attention is drawn to the local rules as detailed in the Notice of Race. For infringements of rules other than in Parts 1 and 2 of the RRS, the protest committee may award a penalty less than disqualification. This amends RRS 64.2. [DP]

### 2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted at least one hour before the advertised starting time of the race or races concerned.
- 2.2 Changes in the sailing instructions will be indicated by displaying International Code flag "L". When no further changes have been made, I.C. flag "L" will be lowered after the start of the last race of that day.

### 3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located outside the Club office.
- 3.2 Supplementary sailing instructions if required will be posted on the official notice board.
- 3.3 Information may also be posted if required on the club website [nbyc.co.uk](http://nbyc.co.uk)
- 3.4 The Club Programme "White Card" is available on request from the Club Office.
- 3.5 The Club office is located at The Avenue, Wroxham, Norwich NR12 8TS telephone 01603 782808, email [hello@nbyc.co.uk](mailto:hello@nbyc.co.uk).

### 4 ELIGIBILITY

- 4.1 [NP], [DP] For eligibility for Club races, Wroxham Week and all Open events, see the relevant Notice of Race.

### 5 SIGNALS MADE ASHORE











- 5.1 Signals made ashore will be displayed from the flagpole on the roof of the clubhouse.
- 5.2 Flag AP displayed over one or more shapes means "the start of the designated race is postponed for 15 minutes per shape".
- 5.3 Flag Q means "there will be a Committee Boat/Platform start". The warning signal will not be made less than 20 minutes after this signal is displayed.


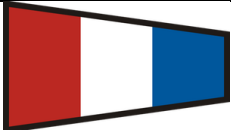
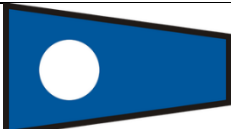



## 6 SCHEDULE OF RACES

6.1 The Club Programme will include details of the days, dates and scheduled start times.

## 7 CLASS FLAGS

7.1 The class flags are:

Class	Flag	
Allcomers A <i>Keelboats (excluding River Cruisers)</i>	Numeral 9	
Allcomers B – Fast <i>Dinghies with PY 1229 and faster</i>	E	
Allcomers B - Slow <i>Dinghies with PY 1230 and slower</i>	Naval Numeral 6	
Allcomers B Combined <i>Dinghies</i>	Numeral 6	
Broads O.D.	Z	
Combined Allcomers (A and B)	Numeral 4	
Junior Allcomers (Dinghies) <i>Helm and crew to be under 16 on preceding 1 January</i>	A	
Mixed O.D. <i>Broads O.D., Waveney O.D., Yare &amp; Bure O.D. and Yarmouth O.D.</i>	L	
Norfolk O.D.	U	
Optimist	O	

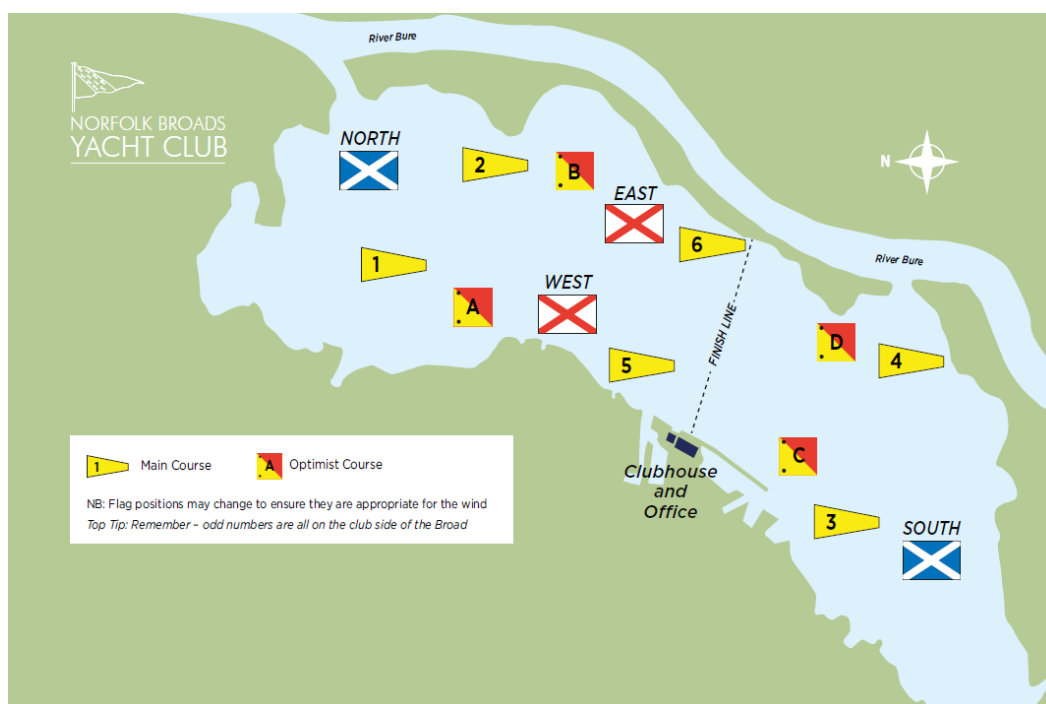
Rater	R	
River Cruiser – Fast, or combined if no split <i>Handicap split available on the day</i>	Numeral 3	
River Cruiser – Slow <i>Handicap split available on the day</i>	Numeral 2	
Star	C	
Yare & Bure O.D.	V	
Yeoman	Y	

## 8

### RACING AREA

8.1

The diagram below shows the racing area with approximate position of the marks



## COURSES

- 8.2 The course to be sailed is indicated by white numbers or letters on red (port hand) or green (starboard hand) background posted on the Clubhouse below the signal mast, except in the case of Committee boat starts when the course will be displayed on the Committee boat. The numbers are to be read from left to right. If any class is required to sail a different course, this will be indicated by a board carrying a representation of the class flag which will be situated to the right of the general course and rounds indicator and precede the course and round indicator for that class.
- 8.3 When the number or letter of a mark is preceded by letter X, the mark is not a mark during the first round.
- 8.4 When the course instructions require boats to finish by crossing the Finishing Line:
- in a northerly direction and one of the marks 5, 6, E or W is shown as the last of the series of marks to be rounded and is located North of the finishing line, or
  - in a southerly direction and one of the marks 5, 6, E or W is shown as the last of the series of marks to be rounded and is located South of the finishing line,
- that last mark is not a mark on the final round and boats will finish when they cross the Finishing Line, having left mark F on the required side if such is indicated.
- 8.5 The number of rounds is indicated by a white figure on a black background.

## 9 MARKS

- 9.1 The marks of the course will consist of spherical buoys surmounted by a staff and flag; each buoy will be positioned in the general area shown on the map in Sailing Instruction 8.1
- 9.2 Spherical buoys (without staffs) may be laid on or immediately adjacent to the starting line as distance marks. Distance marks do not have a required side at the commencement of the second and subsequent rounds.
- 9.3 A buoy carrying the Club burgee (the limit buoy) may be used in conjunction with committee boat and platform starts
- 9.4 An additional finishing mark F may be laid close to the finishing line. When the indicated course to be sailed is succeeded by the letter F, this mark shall be left on the required side only on the final leg of the course, prior to finishing. See also Sailing Instruction 11.2, Shortening Course.

## 10 THE START

- 10.1 RRS 26 is changed so that the following shall apply: -

Signals shall be made at five-minute intervals. Signals shall be made as follows: -

Warning	Class Flag	1 sound
Preparatory	Flag P	1 sound
Start	Flags removed	1 sound

In a series of sequential starts, the P flag shall be left displayed until the start of last class and the warning signal for each succeeding class shall be displayed at the time of the preparatory signal of the preceding class. If there is a general recall or postponement after the Preparatory signal, the warning and preparatory signals of any succeeding classes shall be removed after the general recall or postponement has been signalled. For a start using starting penalties under RRS 30.2 "F Flag" or RRS 30.4 "Black Flag", the penalty flag will be lowered one minute before the start, accompanied by a sound signal (usually an air horn). Any penalty flag is flown in addition to the preparatory Flag P. See also SI 10.10 and SI 10.11

- 10.2 For Clubhouse Starts, the starting line is a transit from the red staff carrying triangles on the front of the Clubhouse through a yellow and black staff carrying a yellow X. The starting line to be used may be indicated by a WHITE board bearing a BLACK number

placed immediately BEFORE the course shown. The number will relate to the distance indicators on the far shore, which may not be in precise transit with the starting poles. When letter D precedes all other letters and numbers on the course board, boats shall start between the distance marks (Sailing Instruction 9.2).

- 10.3 When Committee Boat/Platform starts are ordered (see Sailing Instruction 5.3), the starting line will be between the orange mast (aft end) on the Committee Boat (flying flag Q); or a red and yellow staff with a triangle on the starting Platform (stationed near to Number 2 buoy) and the outer distance mark. Boats must start between the outer and inner distance marks.
- 10.4 [NP] No competing boat may, at any time, pass between the Committee Boat or Platform and a limit buoy (see Sailing Instruction 9.3). Failure to comply with this instruction shall result in disqualification.
- 10.5 Competing boats shall also keep clear of any boat flying flag Q and acting as a Committee Boat in the vicinity of the outer distance mark. Failure to comply with this instruction may result in the Race Committee taking action under RRS 60.2
- 10.6 [NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.7 Individual recalls will be in accordance with RRS 29.1 except that the class warning signal will remain at “the dip” instead of displaying code flag ‘X’.
- 10.8 [NP] If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee may attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a). Responsibility for returning rests with the boat concerned.
- 10.9 RRS 29.2 is changed to give the effect that the Warning and Preparatory signals for the new start of the recalled class shall be made one minute after the First Substitute is removed.
- 10.10 RRS 30.2 is changed so that the phrase ‘in the triangle formed by the starting line and the first mark’ shall read ‘on the course side of the starting line and its extensions’, and that flag F will be flown in lieu of flag Z. A boat in breach of RRS 30.2 must return to the pre-start side of the starting line before starting her race.
- 10.11 RRS 30.4 is changed so that the phrase “within the triangle formed by the ends of the starting line and the first mark” shall read “on the course side of the starting line and its extensions”. The Black Flag will be “defaced”
- 10.12 The race committee may attempt to hail the sail number of a boat disqualified under RRS 30.4. The display of sail numbers required by Rule 30.4 shall not apply.  
  
A boat disqualified under RRS 30.4 will be deemed to be no longer racing and must adhere to RRS 23.1 Failure to adhere to RRS 23.1 will result in that disqualification score being non-discardable.
- 10.13 When a race is Postponed after the Preparatory signal, RRS 27.1 and Race Signals are changed to give the effect that the Warning and Preparatory signals for the new start will be made one minute after the AP signal is removed.

## **11 THE FINISH**

- 11.1 The finishing line is a line between the inverted triangle on the front of the box and a white staff carrying a white triangle on the opposite shore, unless otherwise designated by the race committee, or RRS 32.2 (a) is applied following a shorten course signal.
- 11.2 When a shortened course is signalled requiring boats to finish across the finish line in accordance with RRS 32.2 (b), the race will finish when the leading boat followed by the other boats next crosses the finishing line having first left all the previous marks, including F when indicated (see 9.4) and where F is on the course side of the finish line, on the required side.

## **12 PENALTY SYSTEM**

- 12.1 A River Cruiser, when racing shall not be subject to RRS 44. Instead, the following shall apply:

The One and Two Turn(s) Penalties (RRS 44.1) are replaced by Time Penalties of 1 and 2 minutes respectively, added to the boat's elapsed time, to be acknowledged as soon after the incident as possible by the said boat flying a green rectangular flag. It is the responsibility of the helmsman to declare to the Race Officer (in person or by phone to the club office), within 30 minutes of the finish of the last boat in that race, which penalty or penalties the boat is taking. A boat that fails to make a declaration shall be deemed to have accepted a 2-minute penalty. It is the responsibility of other competitors to ensure that these provisions are enforced. [NP]

- 12.2 Post Race Penalties may be accepted by a boat in accordance with Appendix T1 of RRS. The Post Race Penalty is a 30% Scoring Penalty, based on the number of starters in that race, except that the minimum penalty is three places and the boat shall not be scored worse than the number of starters.

## **13 TIME LIMITS**

- 13.1 When no boat finishes within one hour of the actual time of start, the race may be abandoned or cancelled.
- 13.2 RRS 35 shall not apply. The finishing period for any class may be restricted to 30 minutes after the first boat in that class has finished. Such restriction will be signalled by hoisting the appropriate Class Flag under Signal Flag 'E' with one sound signal. Thereafter, boats in that class will be deemed to have retired and will not be timed in.
- 13.3 As an alternative to "timing out" boats, the RO may, at his discretion, apply an Average Lap Time calculator. When this procedure is in operation it will be signalled by hoisting the appropriate Class Flag under Signal Flag 'A' with one sound signal. This course of action shall not be used following a Committee Boat or Platform start.

## **14 HEARING REQUESTS**

- 14.1 Protests or notices of intention to protest in respect of each incident in a race shall be made in writing within 30 minutes of the finish of the last boat in that race. The completed protest form shall be delivered within two hours of the finishing time of the last boat in that race.
- 14.2 Hearing request forms are available from the Club office or Notice Board. Completed forms should be handed to the Race Officer.
- 14.3 The Arbitration procedure set out in RRS Appendix T shall apply. This means that after a hearing request is lodged, a boat may request RYA Arbitration, or the protest committee or race committee may offer it. This may result in a party being invited to accept a Post Race Penalty as set out in Sailing Instruction 12.2.

## **15 SCORING**

- 15.1 The Low Point System as set out in RRS Appendix A4 shall apply.
- 15.2 The number of races required to be completed to constitute a series shall be as set out in the Notice of Series & Qualification or Notice of race for the individual event.
- 15.3 A boat that has broken RRS 45, Sailing Instruction 10.4 or does not sail the course in accordance with RRS 28, shall be disqualified without a hearing – see RRS A5.
- 15.4 A boat whose helm is on duty as a Race Officer and is therefore unable to compete in one race of a series may be awarded points for that race, calculated from her points from the other races in that series.

## **16 SAFETY REGULATIONS**

- 16.1 A boat that is racing shall keep clear of all moored craft. A boat that is in collision with a moored craft shall either protest, retire or accept the alternative penalty (RRS 44 and Sailing Instruction 12.1).
- 16.2 [NP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **17 REPLACEMENT OF EQUIPMENT**

- 17.1 Under exceptional circumstances the Race Officer may, on request prior to racing, permit a boat to use sails carrying sail numbers other than those required by RRS 77.

## **18 PRIZES**

- 18.1 Prizes will be as set out in the NOR and Notice of Series & Qualification.

## **19 PERSONAL FLOTATION DEVICES AND REEFING**

- 19.1 RRS 40.1 shall apply at all times when afloat to the helm and crew of all centreboard boats, sailors aged under 18 or when sailing single handed.
- 19.2 RRS 40 is amended to the effect that crew of River Cruisers shall wear their personal flotation devices while on deck and are strongly recommended to wear them at all times. Responsibility for crew opting not to wear personal flotation devices in the cabin or cockpit of River Cruisers shall rest wholly with the skipper of each individual boat.
- 19.3 RRS 40.2 is amended to the effect that flag Y will be displayed on the flagpole at the north-east corner of the clubhouse, to avoid confusion with starting signals on the main flagpole.
- 19.4 Reefing: At the discretion of the RO and after consultation with a fleet representative if available, reefing may be ordered in the case of the following classes. The maximum amount of sail which may be carried will be signalled not less than 40 minutes before the start of the race, by flying the appropriate class flag over the following: -

### **Yare and Bure OD:**

- One cone – one reef
- Two cones – two reefs and storm jib
- Two cones (lower one reversed) – three reefs and storm jib

### **Broads OD:**

- One cone – one reef and large foresail
- Two cones over international code flag 'L' – two reefs and large foresail
- Two cones – two reefs and small foresail
- Two cones (lower one reversed) – Three reefs and small foresail

### **Norfolk OD:**

- One cone – one reef
- Two cones – two reefs

## **20 RISK STATEMENT**

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in any of the events covered by this notice of race.

each competitor agrees and acknowledges that:

- I. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- II. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

III. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

IV. Their boat is in good order, equipped to sail in the event and they are fit to participate;

V. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

VI. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

VII. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

## **21 INSURANCE**

21.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.