



Parkstone Optimist Open Meeting

21st - 22nd May 2016

Organising Authority:

Parkstone Yacht Club



1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the prescriptions of the RYA, and these Sailing Instructions.
- 1.2. The rules and bylaws of Parkstone Yacht Club will apply.

2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official notice board located in the Youth Hut.

3. Changes to Sailing Instructions

- 3.1. Any change to these Sailing Instructions will be posted not less than 20 minutes before launching, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed on the club flag staff.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3. Boats may only launch when Flag D is displayed ashore.
- 4.4. Signals flown over a fleet's class flag only apply to that fleet.
- 4.5. Adequate personal buoyancy shall be worn by all competitors whilst afloat or on the foreshore near the water. Flag Y will not be flown. Life jackets without permanent buoyancy shall be suitably inflated. Wet or dry suits are not adequate personal buoyancy. This changes Rule 40.

5. Schedule

- 5.1. The schedule of races will be as follows:

Saturday 25 th April	Registration	08:30-09:30
	Competitors' Briefing	09:45
	First Warning Signal	11:15
	Additional races as soon as practical	
Sunday 26 th April	First Warning Signal	10:45
	Additional races as soon as practical	
	Last Warning Signal not after	15:55

- 5.2. Number of Races

Maximum races each day	4
Maximum races in total	8

- 5.3. Sailors should be prepared to not come ashore between races.

- 5.4. The times above apply to all fleets. The Regatta Fleet may sail more, shorter races and will take breaks ashore appropriate for the conditions of the day.
- 5.5. To alert boats that a race, or sequence of races, will begin soon, an orange flag will be displayed with one sound for at least five minutes before a warning signal is displayed for the main fleet and 2 minutes before a warning signal is displayed for the regatta fleet.

6. Class Flags

- 6.1. The class flags will be as follows:

Main Fleet	Flag "O" (Oscar)
Regatta Fleet	Flag "R" (Romeo)

7. Racing Areas

- 7.1. The main fleet will race in the "Top Triangle" area of Poole Harbour, to the west of Brownsea Island.
- 7.2. The regatta fleet will race in the area of Poole Harbour close to Parkstone Yacht Club.
- 7.3. See the "Sailing Areas" diagram on event website for more information. Final details will be provided at the briefing.

8. The Courses

- 8.1. The diagrams in Appendix A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left. All angles and leg lengths are for illustration only and are not to scale.
- 8.2. The course to be sailed will be displayed on the committee boat from the warning signal using the abbreviations listed in Appendix A.
- 8.3. Note that in the course abbreviations, the number refers to the number of intended beats rather than the number of loops, e.g. O2 refers to a course with 2 intended beats (i.e. one loop). See the mark rounding order in Appendix A for clarification.
- 8.4. The leeward gate may be replaced with a single mark which should be left to port.
- 8.5. The Regatta Fleet course will be described at the briefing.

9. Marks

- 9.1. The marks will be movable inflatable buoys not fixed harbour racing marks.
- 9.2. A description will be given at the briefing and posted on the Official noticeboard. This will not constitute a change to Sailing Instructions.

10. Areas that are Obstructions

- 10.1. Any areas which are obstructions will be described at the briefing.

11. The Start

- 11.1. Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 11.2. The starting line will be between the staff on the Committee Boat flying an Orange flag and the staff flying an Orange flag on a launch, or a Dan buoy with an orange flag.
- 11.3. Except for the Regatta Fleet, a boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.

12. Change to next leg of course

- 12.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 12.2. The race committee may move a mark (or the finishing line) up to 100m without signalling the change. This changes rule 33.

13. The Finish

- 13.1. The finish line will be between a staff displaying an orange flag on the finish boat at the starboard end and a dan buoy with a blue flag.
- 13.2. After the first boat has finished the Race Committee may finish other boats at a mark of the course or on a leg of the course.
- 13.3. When a committee boat displays flag W with two sounds, boats may be finished by this committee boat.
- 13.4. When a boat finishes in accordance with 13.3 she shall be given a finishing place after all boats which complete more legs of the course and then finish.

14. Not Used

15. Time Limits and Target Times

- 15.1. Time limits and target times are as follows

Target Time	40 minutes
Time Limit	70 minutes
Finish Window	30 minutes

- 15.2. Failure to meet the target time will not be a grounds for redress. This changes rule 61.1(a).
- 15.3. Unless any boats are finished under SI 13.3, boats failing to finish within the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

16. Protests and Requests for Redress

- 16.1. Protest forms may be collected from the race office.
- 16.2. The protest time limit is 30 minutes after the last boat has returned to shore.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5. Breaches of instructions 18, 21 and 23 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17. Scoring

- 17.1. One race is required to be completed to constitute a series.
- 17.2. The total score for each boat will be the sum of her scores excluding her worst scores as follows:

Races Completed	Excluded scores
1-3	0
4-8	1
9 or more	2 (Regatta Fleet only)

18. Safety Regulations

18.1. Safety Tallies

- a) Tallies are numbered rubber bands. Tallies will be issued each day before the race committee authorise boats to be launched.
- b) No boat shall go afloat unless the sailor is wearing their tally band.
- c) Immediately upon coming ashore each competitor shall hand their tally to the Beachmaster.

18.2. Any boat retiring from a race or not participating in a race must notify a safety boat or committee boat at the earliest opportunity. Boats are not permitted to leave the race area without the permission of and being accompanied by a safety boat.

18.3. Immediately upon arriving ashore at Parkstone Yacht Club any boat that retired from a race or did not start a race should notify a Race Committee representative in the Beach Master's Hut.

18.4. Crossing Shipping Lane

It is necessary to cross the main shipping channel whilst proceeding to and from the racing area. Competitors must comply with the instructions of the safety boat crews whilst crossing this channel and in particular must not cross the channel when instructed not to do so.

18.5. The penalty for infringing SI18 is at the discretion of the Protest Committee but may include disqualification from all completed races and exclusion from the remainder of the event.

19. Replacement of Crew or Equipment

19.1. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. Equipment and Measurement Checks

20.1. A boat or equipment may be inspected at any time for compliance with the class rules, sailing instructions and safety. On the water, a boat can be instructed by a race official to proceed immediately to a designated area for inspection.

20.2. Test sails will not be allowed without prior authorisation from the race committee. All such sails must display unique numbering within the spirit of the class rules.

21. Event Advertising

21.1. Boats will not be required to display event advertising.

22. Official Boats

22.1. All boats assisting with the management or safety of the event will be considered official boats.

23. Support Boats

23.1. Any visiting RIBs are requested to register with the club, monitor the designated safety channel and be prepared to help with safety if required.

23.2. Due to space restrictions, only RIBs which form part of the safety fleet will be able to launch from Parkstone Yacht Club.

24. Litter Disposal

24.1. Litter may be placed aboard support or official boats and shall not be disposed of in the water.

25-27 Not Used

28. Prizes

- 28.1. Trophies will be awarded to the winners of Main Fleet and Regatta Fleet.
- 28.2. Further prizes will be awarded at the discretion of the Organising Authority, based on entry numbers.

29. Disclaimer of Liability

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e. The provision of a race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities;
- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

30. Insurance

- 30.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

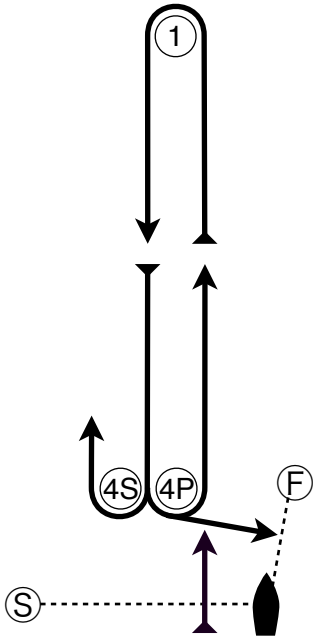
Attachment A

Course Diagrams

Notes

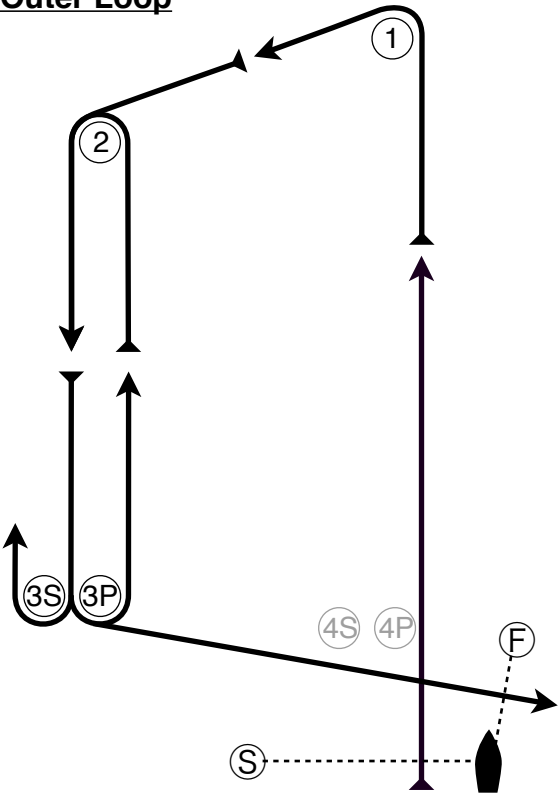
- Except for gates, all rounding marks shall be left to port.
- Gates may be replaced with a single mark to be rounded to port.
- All angles and leg lengths are for illustration only and are not to scale.
- Ⓢ = Start, ⓕ = Finish

Windward / Leeward



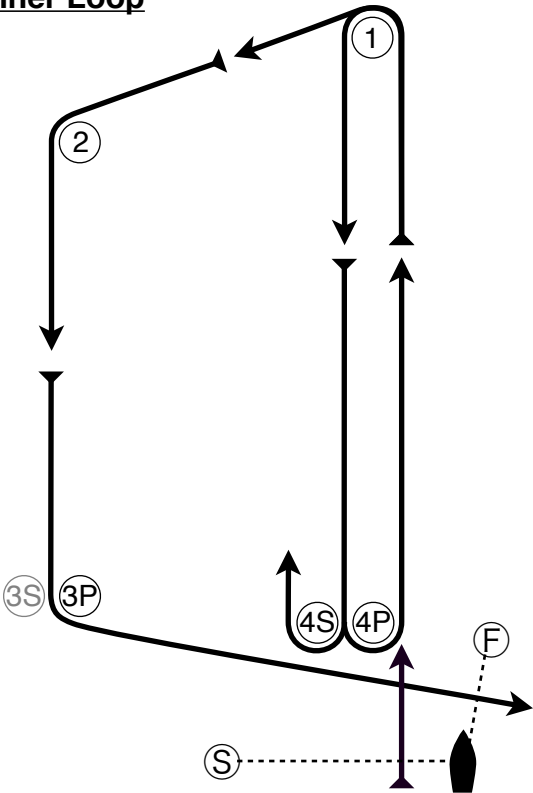
Signal	Rounding Order
L 2	Ⓢ - 1 - 4P/4S - 1 - 4P - ⓕ
L 3	Ⓢ - 1 - 4P/4S - 1 - 4P/4S - 1 - 4P - ⓕ

Outer Loop



Signal	Rounding Order
02	Ⓢ - 1 - 2 - 3P/3S - 2 - 3P - ⓕ
03	Ⓢ - 1 - 2 - 3P/3S - 2 - 3P/3S - 2 - 3P - ⓕ

Inner Loop



Signal	Rounding Order
12	Ⓢ - 1 - 4P/4S - 1 - 2 - 3P - ⓕ
13	Ⓢ - 1 - 4P/4S - 1 - 4P/4S - 1 - 2 - 3P - ⓕ