



**Restronguet Sailing Club
Firefly South West Area Championships
23-25 May 2026**

Sailing Instructions

Schedule of Races

COMPETITORS BRIEFING AT 11:30 IN THE CLUBHOUSE, SAT 23rd MAY 2026

Day & date	Race	Time of warning signal	Tides
Saturday 23 May	1	1255	HW 10:33 AM BST 4.10m
Saturday 23 May	2	ASAP after previous race	
Sunday 24 May	3	1055	HW 11:47 AM BST 4.00m
Sunday 24 May	4	ASAP after previous race	
Sunday 24 May	National Single Handed Championship Race	With club racing starting from 1500 – please see separate instructions	
Monday 25 May	5	1025	HW 12:55 PM BST 4.10m
Monday 25 May	6	ASAP after previous race	

One extra race per day may be sailed, provided that the event does not become more than one race ahead of schedule and the change is made according to SI 4. In the event of a race being postponed or abandoned the next race to take place will be the postponed or abandoned race with the remaining races following in their scheduled order.

1 Rules

The Regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the R.Y.A., Sailing Instructions and the appropriate Class Rules.

2 Entry

All competitors must complete registration to be eligible for the Regatta.

3 Notices to Competitors

Notices to competitors will be posted on the official notice board located at the Club House.

4 Changes in Sailing Instructions

Any change to the Sailing Instructions will be posted at least half an hour before the advertised starting time of the race concerned.

5 Signals Made Ashore

5.1 Signals made ashore will be displayed on the flagstaff adjacent to the slipway.

5.2 When flag AP is hoisted ashore – boats are required not to leave the shore until this signal is removed. This amends race signal AP.

6 Class Flag

Class flag will be code flag F.

7 Course Instruction

7.1 Courses will be as per the attached diagrams. The course/lap board displayed on the committee boat will show whether the Finish is to Leeward (TW2 or TW3) or to Windward (TWX2 or TWX3).

7.2 A red or green flag will be raised on the committee boat. A red flag indicates all marks are to be passed to port, and a green flag all marks to starboard.

7.3 Sailing Instructions for the single-handed race on Sunday 25th May will be determined on the day.

8 Marks

8.1 Three orange tetrahedron marks will be laid to form a triangle.

8.2 Change of next leg of the course. To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

8.3 A new mark as provided in SI 8.2 will be a smaller orange spherical mark.

9 The Start

9.1 Races will be started using RRS 26.

9.2 Fixed-line starts will be used in all races. The starting line is defined as the line between a mast bearing an orange flag on the committee boat and a buoy to port bearing an orange flag.

9.3 Recalls will be in accordance with RRS 29.

9.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10 The Finish

- 10.1 As per Course diagram – Finish between a mast bearing a blue flag aboard the committee boat and an orange dan buoy bearing an blue flag.
- 10.2 Shortened Course - The Race Officer may shorten course and finish boats at the normal finishing line, at the intended windward end of the course or at Mark 2.
If at the end of a completed lap, Code Flag 'S' is displayed by the race committee signals vessel, then boats shall round Mark 3 and proceed to the Finish.
If Code Flag 'S' is flown at the intended windward end of the course, boats shall finish between the boat flying Code Flag 'S' and Mark 1
If Code Flag 'S' is flown at Mark 2, boats shall finish between the boat flying Code Flag 'S' and the adjacent rounding mark.
Two sound signals will be made when Code Flag 'S' is displayed.
- 11 Time Limit**
- 11.1 The time limit for the first boat in each race will be 1.5 hours.
- 11.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 12 Protests**
- 12.1 Protests shall be made in accordance with RRS 60.
- 12.2 Protest forms are available at the Restronguet Sailing Club race office. Protests shall be delivered there within the protest time limit.
- 12.3 Protests shall be delivered to the Race Office within 60 minutes of the last boat to finish the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 60.3 and 61.2.
- 12.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and when the hearings will begin. Hearings will be held in the Restronguet Sailing Club race office.
- 12.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 63.1(a).
- 12.6 On the last day of the regatta a request for reopening a hearing shall be delivered
(a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. (This changes rule 63.7).
- 13 Scoring**
- 13.1 The Low Point Scoring System in RRS 90.3 will apply.
- 13.2 The number of races to count will be one less than the number sailed. If only two races are sailed both will count and should only one race be sailed this will constitute a series for the event.
- 14 Safety**
- 14.1 Personal floatation shall be worn by all competitors at all times whilst afloat. This changes RRS 40 and the preamble to Part 4 wetsuits and drysuits are not adequate personal floatation.
- 14.2 A tally board near the Race Office will be used. Competitors failing to tally in or out will be disqualified from those races for which they have not tallied in or out. The time limit for tallying in will be as the protest time limit.
- 14.3 Competitors retiring from a race should make every effort to report to a safety boat or a committee boat, and should tally as soon as possible.
- 14.4 If racing is abandoned on the water and N over A flown all competitors must return ashore to tally as soon as possible.
- 15 Support Boats**
- 15.1 Team leaders, coaches and other support personnel shall not be in the racing area from the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement will be disqualification for all boats associated with the support personnel who do so.
- 16 Environmental**
- 16.1 Competitors shall at all times comply with RRS 47. Competitors are expected to keep all trash onboard their vessel until it can be disposed of responsibly ashore. Competitors may approach an official or support boat to take trash if necessary.

Firefly course diagrams 2026

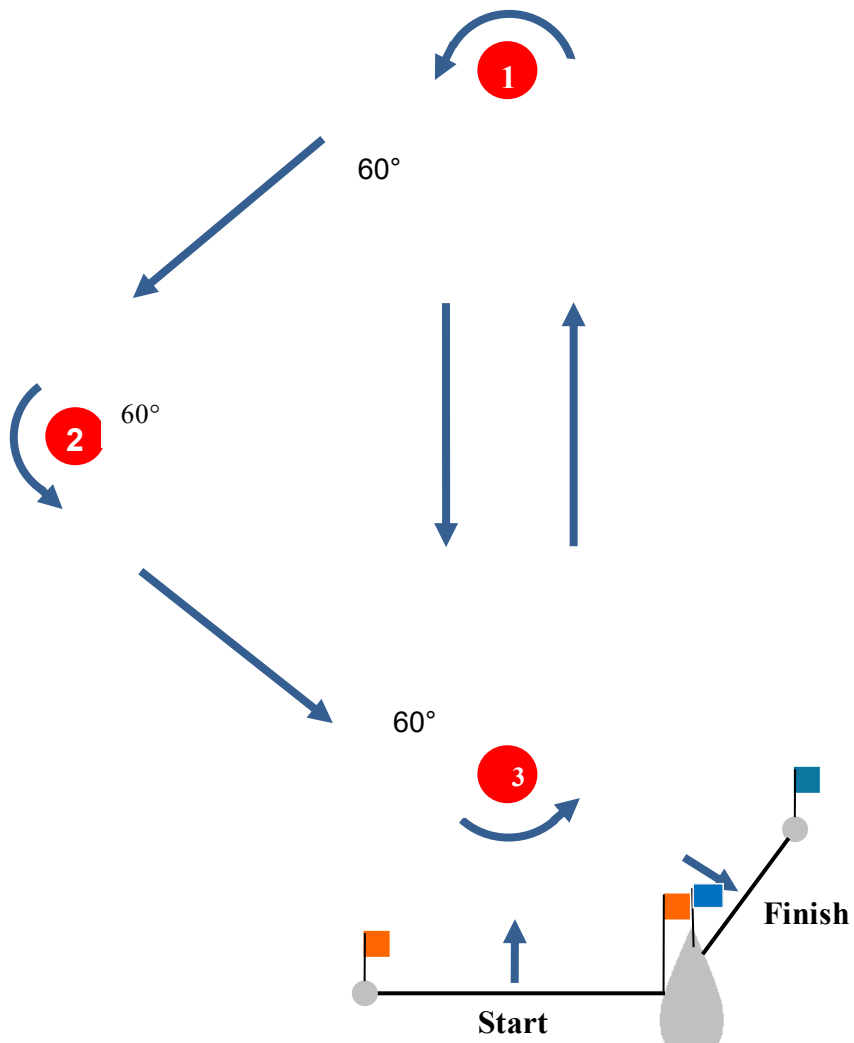
Courses will be set within the Carrick Roads;

Course diagrams at Addendum B1 (Leeward Finish) and Addendum B2 (Windward Finish) show marks rounded to Port (Starboard opposite hand)

Addendum B1

Course illustration and mark roundings

Course TW: Triangle-Windward-Leeward

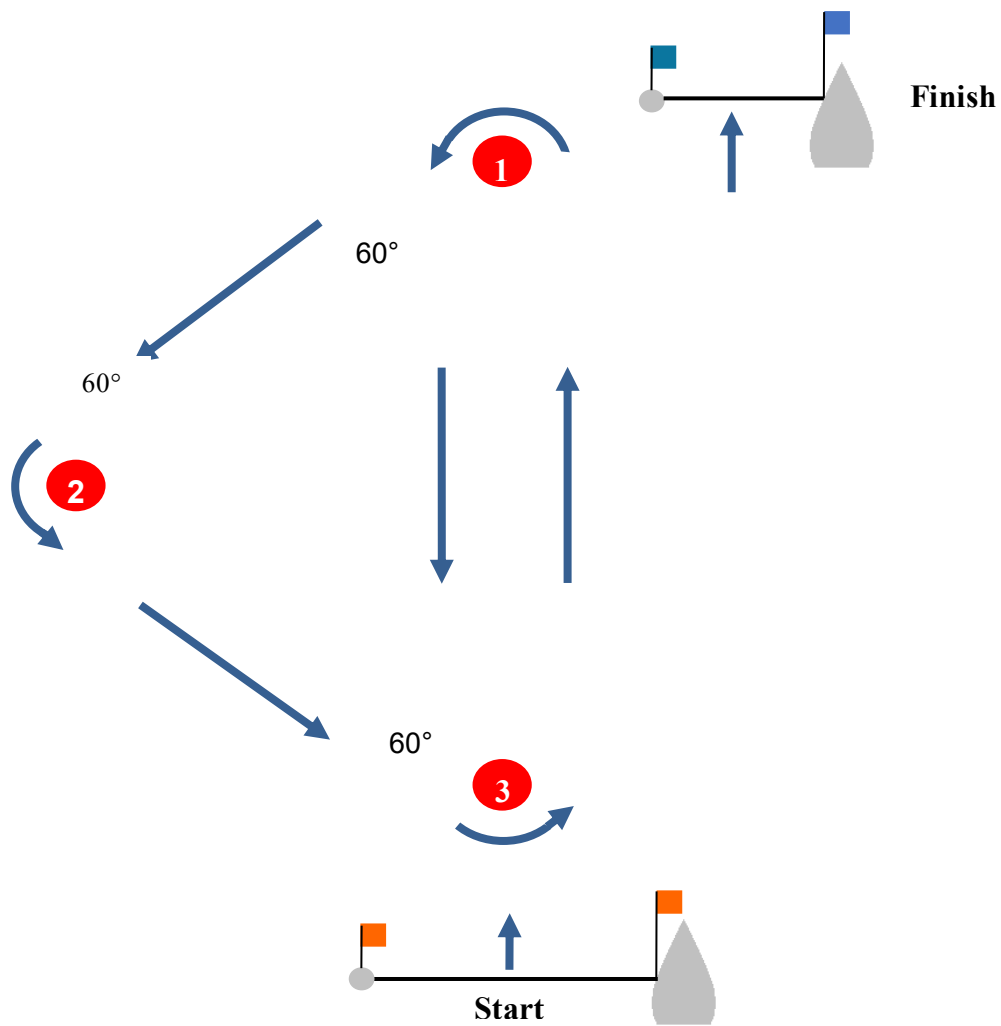


Signal	Mark Rounding Order
TW2	Start - 1 - 2 - 3 - 1 - 3 - Finish
TW3	Start - 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 - Finish

Addendum B2

Course illustration and mark roundings

Course TWX: Triangle-Windward-Leeward Windward Finish



Signal	Mark Rounding Order
TWX2	Start - 1 - 2 - 3 - 1 - 3 - Finish
TWX3	Start - 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 - Finish

On the finishing leg, Mark 1 is not a mark of the course.