

**Restronquet Sailing Club Mirror Open (run in conjunction with the club Whitsun Series)**

**5<sup>th</sup> June 2016**

**Organising Authority: Restronquet Sailing Club**

**Venue: Restronquet Sailing Club, Mylor Churchtown, Falmouth TR11 5UF**

**Sailing Instructions**

**1. RULES.** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

**2. NOTICES TO COMPETITORS.** Notices to competitors will be posted on the official notice board located on the front wall of the Men's changing room near the kitchen hatch.

**3. CHANGES TO SAILING INSTRUCTIONS.** Any change to the sailing instructions will be posted at least half an hour before the start of the race in which it takes effect.

**4. SIGNALS MADE ASHORE.** Signals made ashore will be displayed on the flagpole outside the Race Office

**5. SCHEDULE OF RACES**

a) Dates of racing will be 5<sup>th</sup> June 2016.

b) There will be 3 races.

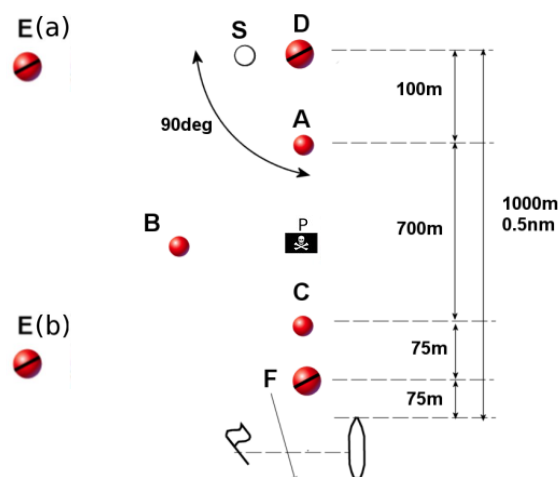
c) The scheduled time of the warning signal for the first race is 11:30

d) There will be a lunch break after race 1. The warning signal for Race 2 will be at 2:00 approx. Race 3 will be "back to back" with race 2.

**5. CLASS FLAGS** Mirrors will start with the Slow Handicap Class using class flag "O".

**6. MARKS**

Three orange marks (large mooring buoys) will be laid to form an inner triangle. These marks are designated A, B and C in the diagram below and are the ones used in the Mirror courses. In addition three slightly larger orange buoys with black bands, a white spreader buoy, and maybe a buoy flying a pirate flag, will be laid. These are for other classes sailing as part of club racing. The leeward mark may be left on either hand on the first leg of the course. The Course layout diagram below applies when marks are rounded to port. When marks are rounded to starboard, marks B, E and S should be in similar positions but to the right of the line from mark F to mark D



## 7. COURSES

The warning signal for Mirrors and the Slow Handicap class will be the red or green flag, which shall also indicate whether marks are to be rounded to port or starboard respectively.

Mirrors - For Races 1 & 2, the course is

A, B, C, A, C, A, B, Finish (Triangle, sausage, triangle)

Mirrors - for Race 3 the course is

A, B, C, A, Finish (Triangle, sausage)

## 8. STARTS (With changes to RRS 26, 29 & "Race Signals")

### a) Starting Line

A starting line will be laid to leeward of the course. The starting line will be a line between the hoist bearing the red or green warning signal flag of the Committee Boat and an outer distance mark bearing an orange flag on the port side of the Committee Boat.

### b) Warning Signals

Mirrors will start with the club racing Slow Handicap fleet. For all races, the interval between signals will be **two minutes**.

### c) Visual Signals for Starting

Races will be started using the following signals and the sequence will be followed even in the absence of any class or classes. Times will be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal and sequence of starts	Flag and sound	Time in minutes
Warning signal Mirrors and Slow Handicap	Red or green flag; 1 sound	0
Preparatory Mirrors and Slow Handicap	Raise P flag; 1 sound	2
Start Mirrors and Slow Handicap 'O'	Dip P flag; 1 sound	4
Start fast Handicap 'T'	Dip P flag, 1 sound	6
Start Medium 'H' & Lasers	Dip P flag; 1 sound	8
Start Asymmetrics 'A'	Dip P flag; 1 sound	10
Start Firefly 'F'	Dip P flag; 1 sound	12
Start Catamarans 'D'	Dip P flag, 1 sound	14
Start Pirates (optional) 'Pirate flag'	Dip P flag, 1 sound	16

No Class flags will be displayed. Times should be taken from the dipping of the 'P' flag.

### d) Individual Recalls

When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line, the race committee shall promptly display Code Flag 'X' with one sound signal. The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions, but not later than one minute after the starting signal. (This amends RRS 29.1)

### e) General Recalls

In the event of a general recall, the 'First Substitute' Code Flag will be displayed and two further sound signals made (three in all). A recalled class will restart two minutes after all other classes in the sequence have started. (This amends RRS 29.2)

**9. CHANGING THE COURSE AFTER THE START** (With changes to RRS 33) If there is a substantial wind shift during a race, the Race Committee may move one or more mark(s). When the course to be made good is significantly changed by such an alteration, a boat will be stationed near the start of the first leg affected and will display either a red or green flag indicating the direction that leg now lies either to port or starboard respectively of its previous bearing. Neither Code Flag 'C' nor the bearing to the next mark will be displayed.

**10. THE FINISH** The finishing line will be a line between the mast flying the red or green flag on the Committee Boat and the outer distance mark as laid under Sailing Instruction 8(a) from the direction of the last mark.

**11. SHORTENING AFTER THE START** (Changes RRS 32.2) The Race Officer may shorten races and finish boats at the normal finishing line, or at a rounding mark of the course.

If Code Flag 'S' is flown at the normal finishing line, boats shall finish using the normal procedure at the end of the last leg of the lap then being sailed by the leading boat. The race committee may duplicate the shorten course signals on a race committee boat motoring in the vicinity of marks C and F with repetitive sounds.

If Code Flag 'S' is flown at a rounding mark, boats shall finish between the boat flying Code Flag 'S' and the adjacent rounding mark.

**12. TIME LIMITS** (With changes to RRS 35) No boat will be scored as finishing after 17:30 hours.

**13. PROTESTS AND REQUESTS FOR REDRESS** Protest forms are available at the Race Office, located to the east of the clubhouse. Protests and requests for redress or reopening shall be delivered to a member of the Race Committee team. The protest time limit is 60 minutes after the last boat has finished the last race of the day.

#### **14. SCORING**

- a) The Low Point Scoring System of RRS Appendix A will be used.
- b) 1 race is required to be completed to constitute a series.
- c) When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
- (d) When 3 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

**15. COMMERCIAL SHIPPING.** Any Boat that interferes with commercial shipping movements shall be disqualified. Boats shall keep well clear of moving ships that are constrained by draught and size from manoeuvring freely.

**16. GENERAL RACING.** The safety of a Boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the Boat, who must ensure that the Boat and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of these sailing instructions nor the inspection of a Boat under these conditions, in any way limits or reduces the absolute responsibility of the owner/competitor for the crew, the Boat and the management thereof for any loss, damage, death or personal injury howsoever caused to the owner/competitor, skipper or crew, as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of the Boat for the race or races. Where appropriate the parent/guardian is to assume the responsibility of the owner/ competitor in the above.