



**Dinghy Regatta Weekend at the Royal Findhorn Yacht Club
+ RS200 Scottish Champlonship
16th May – 17th May 2026
Sailing Instructions**

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2025-2028.

2 Notices to Competitors

Notices to competitors will be posted on the official notice board located on the veranda.

3 Changes to Sailing Instructions

Any change to the sailing instructions will be posted on the noticeboard on the veranda

4 Signals Made Ashore

Signals made ashore will be displayed at the RFYC Race Box.

5 Schedule of Races

Races are scheduled as follows - Starts may be amalgamated, depending on fleet numbers. Race times will be adjusted accordingly.

Moray Firth - RS200 and Fast Handicap

Findhorn Bay - Slow Handicap

Saturday - HT 12.20 4.38m

R1 - 10.45

R1 - 11.00

R2 - ASAP after R1

R2 - ASAP after R1

R3 - ASAP after R2

Sunday - HT 13.15 4.49m

R4 - 11.45

R3 - 12.00

R5 - ASAP after R4

R4 - ASAP after R3

R6 - ASAP after R5

6 Classes & Flags

Class flags will be Numeral 1 for the Fast Handicap, Numeral 2 for the RS200s and Numeral 6 for the Slow Handicap.

7 The Courses

a) The diagrams in the course card show the courses including the order in which marks are to be rounded and the side on which each mark is to be rounded.

b) The start/finish line forms a gate on the windward leg of the course and boats shall sail between the gate marks on this leg.

c) On the downwind leg, boats may or may not opt to pass between the committee boat and the small yellow cylinder, without penalty for either choice.

d) Marks - The marks will be RFYC inflatable race marks.

8 The Start

a) The starting system will be as given below. This changes RRS 26.

3 minute Class Flag up (Warning Sign)

2 minutes Preparatory Flag up (P or I or U or Black Flag)

1 minute Preparatory Flag down

0 minute Class Flag down

b) The start line will be between a staff displaying an orange flag on the Committee Boat and a start mark.

c) Boats whose warning signal has not been made shall avoid the starting area.

d) A boat starting later than 15 minutes after her starting signal will be scored Did Not Start. This changes RRS A5.1.

9 Change of the Next Leg of the Course

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position in accordance with RRS 33.

10 The Finish

The finish line will be between a staff displaying an orange flag on the Committee Boat and a finish mark.

11 Time Limits

The time limit for each race will be 20 minutes after the first boat finishes, although this may be extended at the Race Officers' discretion. Boats failing to finish within the time limit will be scored Did Not Finish. This changes RRS3512

12 Protests

- a) Intention to protest for occurrences on the water must be notified to the Race Officer before leaving the vicinity of the finish. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- b) For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes RRS 60.3 and 61.2.
- c) Notices will be posted within 30 minutes of the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. It is the responsibility of the competitors to check the notice board. There is no onus on the Race Committee to contact individual competitors or witnesses and hearings may be held in the absence of any of the parties who fail to attend. This amplifies and modifies RRS 63.
- d) Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

13 Scoring

- a) Three races must be completed to constitute a series for the RS200 and Fast Handicap Classes. Two races, for the Slow Handicap Class
- b) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores for the RS200 and Fast Handicap Classes. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores for the Slow Handicap Class.
- c) When 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score, for the RS200 and Fast Handicap Classes. When 4 races have been completed, a boat's series score will be the total of her race scores excluding her worst score, for the Slow Handicap Class.

14 Safety Regulations

- a) Entrants are required to "sign on" each day. A sign on sheet will be posted on the veranda. Competitors must sign the declaration sheet on the veranda within two hours of the last boat finishing the last race of the day. Competitors retiring must enter this fact on the declaration sheet. Failure to do so will result in disqualification without a hearing from the day's racing.
- b) A boat that retires from a race shall notify the race committee if possible.
- c) Personal buoyancy must be worn at all times whilst on the water, without the need to fly Flag Y. This changes RRS 40.

15 Replacement of Crew

Substitution of competitors will not be allowed without prior approval of the race committee.

16 Equipment and Measurement Checks

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

17 Prizegiving

Prizegiving will be held at 15.30hrs approx on Sunday the 17th May 2026.

18 Risk Statement

As per the NoR

19 Insurance

Each participating boat shall be insured with third-party liability insurance with a minimum cover of £3,000,000 per event.

20 RFYC Data Protection Policy to comply with The General Data Protection Regulations, May 2018

Regatta Entry Forms on paper or online are stored by the Sailing Secretary for 1 year after events. They are then destroyed by deleting or shredding. They are used for contacting during current and future events, for recording participants in races for results, prizes, payments and for Health and Safety reasons.

Racing under the Average Lap system

1 - Start

- As paragraph 8.

2 - Course

- Competitors should continue to sail laps of the course until signalled to finish. Competitors **MUST** sail through the gate on the upwind leg, between the Committee Boat and the mark, on every lap.

3 - Finish

- When the Race Officer decides to finish the race, the S flag will be hoisted and two sound signals made.

Competitors shall complete the lap they are on, until given a finishing signal. Slow boats may sail fewer laps than fast boats. Where wind and/or tide conditions make it impossible for a significant number of the competitors to finish the current lap in a reasonable time, times taken at the end of the previous lap may be used to establish a finishing order.