

## Findhorn Week at the Royal Findhorn Yacht Club 14th to the 17th July 2025 Sailing Instructions

### 1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing.

### 2 Notices to Competitors

Notices to competitors will be posted on the official notice board located on the veranda.

### 3 Changes to Sailing Instructions

Any changes to the sailing instructions will be posted on the notice board on the veranda.

### 4 Signals Made Ashore

Signals made ashore will be displayed at the RFYC Race Box.

### 5 Schedule of Races

Races are scheduled as follows -

Monday 14th -	R1 14.15	R2 ASAP after R1	HT 15.33	4.0m
Tuesday 15th -	R3 15.00	R4 ASAP after R3	HT 16.13	3.9m
Wednesday 16th -	R5 15.45	R6 ASAP after R6	HT 16.53	3.8m
Thursday 17th -	Four Seasons - 16.30		HT 17.34	3.7m
	Best of the Rest - 16.33			
Friday 18th -	Fun Race - TBA		HT 18.20	3.6m

### 6 Classes & Flags

Class splits and Class flags will be as designated at the briefing. Racing will be under the Average Lap system.

### 7 The Courses

- The diagrams in the course card show the courses including the order in which marks are to be rounded, and the side on which each mark is to be rounded.
- The start/finish line, from the committee boat, forms a gate on the windward leg of the course and boats shall sail between the gate marks on this leg.

### 8 Marks

The marks will be RFYC inflatable race marks.

### 9 The Start

- The starting system will be as given below. This changes Rule 26.
  - 3 minute Class Flag up (warning signal)
  - 2 minutes Preparatory Flag up (P or I or U or Black Flag)
  - 1 minute Preparatory Flag down
  - 0 minute Class Flag down, next Class Flag up
- The start line will be between a staff displaying an orange flag on the Committee Boat and a start mark.
- Boats whose warning signal has not been made shall avoid the starting area.
- A boat starting later than 15 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

### 10 Change of the Next Leg of the Course

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position, in accordance with Rule 33.

### 11 The Finish

The finish line will be between a staff displaying an orange flag on the Committee Boat and a finish mark.

### 12 Time Limits

The time limit for each race will be 20 minutes after the first boat finishes, although this may be extended at the Race Officers' discretion. Boats failing to finish within the time limit will be scored Did Not Finish. This changes rules 35 and A4j

### 13 Protests

- a) Intention to protest for occurrences on the water must be notified to the Race Officer before leaving the vicinity of the finish. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- b) For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.
- c) Notices will be posted within 30 minutes of the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. It is the responsibility of the competitors to check the notice board. There is no onus on the Race Committee to contact individual competitors or witnesses and hearings may be held in the absence of any of the parties who fail to attend. This amplifies and modifies rule 63.
- d) Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

### 14 Scoring

- a) Four races must be completed to constitute a series.
- b) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- c) When 5 or 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- d) The Portsmouth Yardstick handicap system will be used.

### 15 Safety Regulations

- a) Entrants are required to "sign on" each day. A sign on sheet will be posted on the veranda. Competitors must sign the declaration sheet on the veranda within two hours of the last boat finishing the last race of the day. Competitors retiring must enter this fact on the declaration sheet. Failure to do so will result in disqualification without a hearing from that day's racing.
- b) A boat that retires from a race shall notify the race committee if possible.
- c) Personal buoyancy must be worn at all times whilst on the water, without the need to fly Flag Y. This changes Rule 40.

### 16 Replacement of Crew

Substitution of competitors may be allowed with the prior approval of the race committee.

### 17 Equipment and Measurement Checks

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

### 18 Prizegiving

Prizegiving will be held at 19.30hrs approx on Thursday the 17<sup>th</sup> July 2025.

### 19 Risk Statement

As per the Notice of Race.

### 20 Insurance

Each participating boat shall be insured with third-party liability insurance with a minimum cover of £3,000,000 per event.

### 21 RFYC Data Protection Policy to comply with The General Data Protection Regulations, May 2018

Regatta Entry Forms on paper or online are stored by the Sailing Secretary for 1 year after events. They are then destroyed by deleting or shredding. They are used for Contacting during current and for future events, for recording participants in races for results, prizes, payments and for Health and Safety reasons.

### Racing under the Average Lap system

- 1 - Start - As paragraph 9.
- 2 - Course - Competitors should continue to sail laps of the course until signalled to finish. Competitors MUST sail through the gate on the upwind leg, between the Committee Boat and the mark, on every lap.
- 3 - Finish - When the Race Officer decides to finish the race, the S flag will be hoisted and two sound signals made. Competitors shall complete the lap they are on, until given a finishing signal. Slow boats may sail fewer laps than fast boats. Where wind and/or tide conditions make it impossible for a significant number of the competitors to finish the current lap in a reasonable time, times taken at the end of the previous lap may be used to establish a finishing order.