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Rock Sailing and Water Ski Club Sailing Instructions (SI's) K1 Open Meeting 18th to 19th July 2026

The Organising Authority (OA) is the Rock Sailing and Water Ski Club (RSWSC) In conjunction with the K1 International Class Association.

1 RULES

- 1.1. The event is governed by the rules as defined in *the RRS 2025-2028* including Royal Yachting Association (RYA) prescriptions.
- 1.2. Competitors should note that the OA implements the RYA Racing Charter and that they will be expected to sail in compliance with it.
- 1.3. The rules of the K1 International Class Associations shall apply.
- 1.4. RRS40 Personal Flotation Devices – RRS 40.1 applies at all times whilst afloat.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at Rock Sailing and Waterski Club (RSWSC).
- 3.2 Communications will be made by the race committee to competitors via the following WhatsApp Group.

2026 K1 Open Meeting
WhatsApp group



- 3.3 While racing except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

Medical essential data transmissions from wearable devices to receivers maybe made and received and not made available to all boats. Any helm intending to use such a device shall declare this at registration

4 **CODES OF CONDUCT**

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Competitors and support persons shall place advertising provided by the organizing authority in accordance with any instructions for its use and without interfering with its functionality.

5 **SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed on the flag post at Rock Sailing and Waterski Club.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.
- 5.3 When flag D is displayed ashore boats are required to remain ashore.

6 **SCHEDULE OF RACES**

- 6.1 The schedule below indicates proposed start times and may be subject to change to accommodate prevailing weather and/or tidal conditions.

Date & Race Times		1	2	3	4	5	6
Saturday	18/07/2026	13:00	TBC	TBC			
Sunday	19/07/2026			10.30	TBC	TBC	TBC

- 6.2 The scheduled time of the warning signal for the first race each day is 5 minutes before the time shown in SI 6.1 or as otherwise notified.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.4 On the last scheduled day of racing no warning signal will be made after 14.00

7 **CLASS FLAGS**

- 7.1 The respective Class flag will be advised at the briefing.

8 **RACING AREA**

- 8.1 The racing area is the Camel Estuary and Padstow Bay. SI Addendum 1 shows the approximate location of the racing area

9 COURSES

- 9.1 The diagram(s) below in SI Addendum 2 show(s) the course(s), including the approximate angles to the wind, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate windward leg length will be c. 0.7 to 1 nautical mile dependent upon weather and tidal conditions.
- 9.2 No later than the warning signal, the race committee signal vessel will display the course code and the approximate compass bearing of the first leg.
- 9.3 If a course is shortened such that the finish is at the leeward end of the course, then the finish line will be that defined in paragraph 14 The Finish.

This changes RRS 32.

10 MARKS

- 10.1 Marks are cylindrical or spherical orange inflatable buoys or for finishing and starting a 'Pin' mark with a flag.

11 OBSTRUCTIONS

- 11.1 The following objects are designated as obstructions:
- Commercial fishing or trip boats

12 THE START

- 12.1 RRS26 will be used.
- 12.2 Races will be either line or gate starts with the warning signal made 5 minutes before the starting signal. Further signals of 4 minutes and 1 minute will be made prior to the start signal
- 12.3 Races will not be started until the Race Committee (RC) is satisfied that the wind strength across the course is 5 knots or greater. Races will be started as follows:
- 12.4 Line starts:
The starting line is between a staff on the committee boat displaying an orange flag at the starboard end and a distance/starting mark or 'pin' with an RSWSC flag on a small red buoy at the port end.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position
- 13.2 Minor course changes (up to 150m) may not be signalled. This changes RRS 33.

14 THE FINISH

- 14.1 The finishing line is between the committee boat staff displaying a blue flag and a Pin marker displaying either a blue flag or a RSWSC flag. The finish line will either be set near

the windward mark or near the leeward mark positions. This changes RRS 32.2.

- 14.2 Alternative Finishing Line / W Flag. The RC may give a finishing place to any boat that is still racing by displaying W Flag to her from an official vessel (which may be in motion) with two sounds. A boat's finishing place in these circumstances will be the place she would have received had she sailed the course and finished within any time limit, without gaining or losing any place.

15 PENALTY SYSTEM

- 15.1 A boat may take a One-Turn penalty when she may have broken one or more rules in an incident while racing This modifies rule RRS44.1.

16 TIME LIMITS [AND TARGET TIMES]

- 16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Target Time	Finishing Window
Confirmed at briefing	50 Minutes	15 Minutes

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored at their position on the COURSE without a hearing, SI 14.2. This changes RRS 35, A4 and A5
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 HEARING REQUESTS

- 17.1 The protest time limit is 60 minutes after the Committee Boat returns to the RSWSC Pontoon or, the race committee signals no more racing today when ashore, whichever is the later. The time will be posted on the official notice board.
- 17.2 Hearing request forms are available from the race office.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at RSWSC beginning at the time posted.

18 SCORING

- 18.1 The scoring system is as follows:
- 18.2 2 races are required to be completed to constitute a series.
- 18.3 RRS A2.1 Series Scores is changed to read as follows:
- (a) When fewer than 3 races have been completed, a boat's series score is the total of her race scores.

- (b) When 4 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

- 19.1 A boat that retires from a race shall notify the race committee or a safety boat at the first reasonable opportunity.
- 19.2 Boats are not required to sign on but ARE required to SIGN OFF, within 30 minutes of reaching the shore, in the Crew Room at RSWSC.
- 19.3 The race committee may protest a boat for a breach of these safety regulations.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors is not allowed without prior written approval of the Race Committee. Requests should be made in writing and submitted to the Race Office

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPORT TEAMS

- 22.1 Support teams, including all support persons and support person vessels, shall make themselves know to the RC at Registration
- 22.2 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

25 BERTHING

- 25.1 Boats shall be kept in the spaces shown on Ferry Point.

26 PRIZES

- 26.1 The event prize giving will be held as soon as possible after the completion of racing on Sunday 19th July 2026 in the clubhouse, RSWSC

27 RISK STATEMENT

- 27.1 Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
5. The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
7. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;

28 **INSURANCE**

- 28.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.



SI Addendum 1

