



Rock Sailing and Water Ski Club
Notice of Race
4000, D-One and ISO National Championships
15th, 16th and 17th September 2023

Sponsored by

THE
St ENODOC
HOTEL

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing, the RYA prescriptions and the rules of the individual competitor's Class Association.
- 1.2 The Rock Sailing and Water Ski Club (RSWSC) Sailing Instructions (SI) will apply except as stated in any supplementary Sailing Instructions.
- 1.3 All competitors and supporters will comply with RSWSC Covid 19 Risk Assessment.

2. ADVERTISING

- 2.1 Shall comply with ISAF Regulation 20 and the relevant rules of the individual competitor's Class Association. RSWSC may require the display of advertising material.

3. ELIGIBILITY AND ENTRY

- 3.1 The ISAF Sailor Classification Code shall not apply to this event.
- 3.2 Entry to the 4000, D-One and ISO Nationals is open to the members and non-members of RSWSC.
- 3.3 Entry fee is £130 (£110 for D-Ones) per boat if paid by 1/9/23 and late entry fee of £175 (£155 for D-Ones) after 1/9/23.
- 3.4 Entry fee includes boat park, harbour dues and two tickets (one for D-Ones) for the Saturday evening meal. Additional tickets for the Saturday evening meal can be purchased for £20 per person.
- 3.5 The regatta is open to: 4000, D-One and ISO dinghies.
- 3.6 Eligible boats may enter by completing the regatta Entry Form on the RSWSC Website and paying the required fee as directed online.

4. CLASS STARTS

Start	Time from Start 1	Class
1	0 mins	4000
2	3 mins	D-One
3	6 mins	ISO

5 RESULTS AND PRIZES

5.1 The results will be published in the RSWSC Club House and on the RSWSC web site as soon as practicable after each race.

5.2 Prizes will be awarded at the regatta prize giving, the time of which will be posted on the RSWSC notice boards.

6 SCHEDULE and FORMAT

6.1 Registration Thursday 14th September from 18:00

6.2 Daily sailors briefing at RSWSC 90 minutes prior to the first race of the day

6.3 Race dates & times will be posted daily based on the schedule below:

Friday 15th September earliest start: 11:30hrs

Saturday 16th September earliest start: 11:30hrs

Sunday 17th September *10:00hrs. Latest starting signal 14.00hrs.

(*If conditions dictate and racing has to be in the harbour this time may be brought forward).

6.4 Tide times:

Date		High	Low	High
Friday	15th	6.27	12.50	18.40
Saturday	16th	6.56	13.20	19.09
Sunday	17th	7.25	13.49	19.39

6.5 Prizes will be awarded for each participating class.

7 SAILING INSTRUCTIONS AND SCORING

7.1. Sailing Instructions will be available in the RSWSC Club House. The Sailing Instructions for the regatta contain additional information regarding the regatta.

7.2 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

7.3 When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

8. VENUE AND COURSES

8.1 The regatta is held in the River Camel and the Camel Estuary, Rock, Cornwall.

8.2 Course areas will be selected based on daily prevailing and forecasted conditions, under 2 general principles:

a) if not too "windy"/bad sea state outer bay is used and sailing will be at low tide.

b) if it is too "windy"/bad sea state inner bay is used and sailing will be at high tide.

8.3 Course areas are shown below in ANNEX 1.

8.4 Courses will be displayed prior to the days racing in the RSWSC Club House, and if appropriate on WhatsApp.

8.5 Boat parking is at Ferry Point (Shown on the diagram at ANNEX 1) which is a short walk along the beach from RSWSC. Launching is via the slipways.

9. DISCLAIMER OF LIABILITY

9.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

10. INSURANCE

10.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.



11. SOCIAL PROGRAM

Date		Time	Event	Venue	Cost
Friday	15th	18:00	Club Fish & Chips	RSWSC	Own expense
Saturday	16th	18:30	Meal and Social	RSWSC	Included
Sunday	17th	TBA	Prizegiving	RSWSC	N/A

12. ACCOMMODATION

Details of local accommodation can be found on the club website.

The St. Enodoc hotel (400 yards from the sailing club) is able to provide a number of discounted rooms on a first come first served basis if booked by July 31st. Please text "St. Enodoc hotel rooms" to 07484 259233 if you are interested.

13. For further information please contact **Rock Sailing and Water Ski Club, The Quay, Rock, Wadebridge, Cornwall, PL27 6LB.**

ANNEX 1

RSWSC COURSE AREAS

