



**Rock Sailing and Water Ski Club**  
**Notice of Race**  
**Bowden ILCA Open**  
**Friday 3<sup>rd</sup> April – Monday 6<sup>th</sup> April 2026**

**Insert QR code**

**1. RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing, the RYA prescriptions and the rules of the individual competitor's Class Association.
- 1.2 The Rock Sailing and Water Ski Club (RSWSC) Sailing Instructions (SI) will apply except as stated in any supplementary Sailing Instructions.
- 1.3 Competitors should note that RSWSC implements the RYA Racing Charter and that they will be expected to sail in compliance with it. The Charter can be found at: [www.rya.org.uk/racing/rules/racing-charter](http://www.rya.org.uk/racing/rules/racing-charter)

**2. ADVERTISING**

- 2.1 Shall comply with ISAF Regulation 20 and the relevant rules of the individual competitor's Class Association. RSWSC may require the display of advertising material.

**3 ELIGIBILITY AND ENTRY**

- 3.1 The ISAF Sailor Classification Code shall not apply to this event.
- 3.2 Entry to the Easter Chase is open to the members and non-members of RSWSC.
- 3.3 Competitors under the age of 18 years at the time of the event shall be required to complete and lodge the parental/guardian consent form included on the entry form at time of registration and prior to commencement of racing. The decision to race is therefore the responsibility of that parent or guardian
- 3.4 Entry fee for non-members is £45
- 3.4 The regatta is open to:
  - dinghies PY Numbers 700 - 1450
  - multihulls PY numbers 650 – 1200
- 3.5 Eligible boats may enter at: [Rock Sailing and Water Ski Club: Bowden ILCA Open 2026](#)

#### 4 STARTING

4.1 The schedule of starts will be as per the table below:

Start	Time from Start 1	Class
1	0 mins	XXX

#### 5 RESULTS AND PRIZES

- 5.1 The results will be published in the RSWSC Club House and on the RSWSC web site as soon as practicable after each race.
- 5.2 Prizes will be awarded at the regatta prize giving on Monday 6<sup>th</sup> April at 13.00 or as otherwise notified.

#### 6 SCHEDULE and FORMAT

- 6.1 Registration is on Friday 3rd April from 12:00 to 15:00 in the clubhouse.
- 6.2 A briefing will be held in the clubhouse at 15:00 following registration

6.3 Race, dates and times:

Race	Date	Start Time
Race 1	3 April 2026	18:05
Race 2	4 April 2026	18:05
Race 3	5 April 2026	09:05
Race 4	6 April 2026	09:05

#### 7 SAILING INSTRUCTIONS AND SCORING

- 7.1 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
- 7.2 When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

#### 8 SAILING INSTRUCTIONS

- 8.1 The Sailing Instructions are included in the online entry and limited copies will be available in the RSWSC Club House. The Sailing Instructions for the regatta contain additional information regarding the regatta.

#### 9. VENUE and COURSES

- 9.2 The regatta is held in the River Camel and the Camel Estuary, Rock, Cornwall.
- 9.2 Courses will be displayed prior to the days racing in the RSWSC Club House, and on WhatsApp

- 9.3 Bar and Galley facilities are available to all competitors and their family.
- 9.4 Changing and showering facilities are available to all competitors.
- 9.5 Dogs are allowed on the Quay but not in the sailing club building.

## 10. BERTHING

- 10.1 Berthing for competitors' boats is available at Ferry Point which is a few minutes' walk from RSWSC [competitors are responsible for reporting to the Padstow Harbour Beach Master at Ferry Point to pay for berthing and river dues]. See Appendix below

## 11. RADIO COMMUNICATION

- 11.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication, this includes text messages and cellular phone calls.
- 11.2 VHF hand-held radios are permitted to be carried and tuned to the regatta channels as an additional safety management level for the event. They shall be switched off during racing.

## 12. DISCLAIMER OF LIABILITY

- 12.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 12.2 RSWSC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta
- 12.3 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
  - c) They have a responsibility to familiarise themselves with any risks specific to this venue or this event and to attend any safety briefing held at the venue
  - d) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - e) Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - f) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities

13. INSURANCE

11.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

12. For further information please contact **Rock Sailing and Water Ski Club, The Quay, Rock, Wadebridge, Cornwall, PL27 6LB.**