



SCC Volunteer Declaration of Personal Safety For Going Afloat

It is necessary to ensure the personal safety of all who take part in afloat activities, by checking that they are swimmers or capable and confident in the water.

Please read carefully before completing this self-declaration form.

We encourage all adults who participate in afloat activities in offshore and inshore waters to learn to swim, as this will enhance personal safety on the water.

The inability to swim does not prevent people from participating in afloat activities. All volunteers must either pass the Cadet Force (CF) Swimming Test or Water Safety Test, or complete this self-declaration of competence.

Declaration

I confirm that I can (please tick):

Swim 40m, tread water for 3 min and get out of the water unaided
(CF Swimming Test - self-declaration module)

OR

Can jump in the water wearing a buoyancy aid, swim 25m, tread water for one minute and get out of the water with assistance if necessary (CF Water Safety Test - self-declaration module)

Recording of self-declaration

Once this form is completed and signed, the appropriate self-declaration module can be awarded on Westminster to **adults only**. A copy of this form must be attached to the Westminster module when it is awarded. There is no expiration of the above modules on Westminster.

However, persons in charge of afloat activities may require you to demonstrate your declared competence if there is reasonable doubt of your competence.

Signed:

Date:

Name:

PIN: