

## CADET WEEK 2016

Once again, the club will be running a variety of activities during the day during Cadet Week. We're going to build on last year's successful addition of Les Képis Blancs while keeping the traditional racing and training fleets. There will be something for every standard of sailor from complete novice to hotshot racer.

The fleets will be:

- RYA Training
- Les Képis Blancs
- Les Képis Bleus
- Racing

The idea is that novices start with the RYA training and progress towards the racing with an option to divert into "big boat" cruising instead. The details of the fleets are as follows.

### **RYA Training**

This is a relatively formal course with RYA certificates awarded on successful completion. Normally, the aim is to reach Stage 3 of the RYA syllabus but the emphasis is on enjoyment and each trainee will be assessed to ensure that they have a lot of fun and don't feel pressured. It's part of the holidays not another exam.

- Maximum of 18
- No qualifications or experience required
- Age 8 to 18
- Preferably new recruits
- Boats supplied or use own boat if available and suitable
- Team : 1 Senior Instructor, 3 Dinghy Instructors and 2 Assistants
- £160

### **Les Képis Blancs**

A very successful addition in 2015, this fleet is aimed at those who have done their basic RYA training and are looking to progress but don't feel ready to join the racing fleet yet. This fleet is coached towards racing but with the emphasis on informal coaching interspersed with a good deal of games and water-based activities. By the back end of the week, the kids should feel confident enough to move towards the racing fleet or other sailing activities. This fleet does not aim towards RYA qualifications.

- Maximum of 18
- RYA stage 3 required
- Some intervening experience
- Age 9 to 18
- Boats supplied or use own boat if available and suitable
- Team : 3 coaches, 3 safety and 3 coach/safety boats
- £140

### **Les Képis Bleus Racing**

This fleet aims to take forward those who have already done Les Képis Blancs or similar. Two options will be offered; racing and cruising.

The racing section will be an informal section with the aim of joining the racing fleet whilst having the benefit of informal coaching. Depending on numbers and progress, the kids may have separate starts and courses or may go with the racers. Although there are some very good racers in the racing fleet, standards are mixed and kids from this fleet may well be able to join in easily.

It is expected that these kids will have access to their own dinghy.

- Unlimited numbers
- Mainly last year's Képis Blancs
- Alongside main racing fleet
- Age 9 to 18
- Own boats
- Added race coaching
- Team : Coaching dependant on numbers and combined with safety cover for the racing fleet
- £90 (double handed boat)     £80 (single handed boat)

### **Les Képis Bleus Cruising**

For those who have no inclination to take part in competition, this year we will be offering limited numbers the chance to learn more about cruising. One or perhaps two cruisers will be made available by members for kids to experience "big boat" sailing and to take an active part in helming, crewing, navigating etc. This will not involve going a great deal further than around Hestan Island but should give them a flavour of going to sea. They will be led by experienced cruiser skippers.

- Numbers dependant on cruiser availability
- Mainly last year's Képis Blancs
- Age 9 to 18
- Cruisers supplied
- Team : One skipper and one adult crew per cruiser
- £90

### **Racing**

As in many years past, this will be five days of competitive racing in the Urr. All levels of experience are welcome. Those who are inexperienced can be coached a little if needed. The emphasis is on ensuring that everyone has a good time while still giving the more experienced sailors a reasonable test against the others.

- Unlimited numbers
- Own boats
- Team : 3 Race officers/recorders, 4 to 6 safety crew and 2 to 3 safety/mark laying boats
- £90 (double handed boat)     £80 (single handed boat)

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