



# BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

**Friday 10th November 2017**

The Hallam Conference Centre, London W1W 6JJ

## **Reversing Obesity and Type II Diabetes: Failing with Diet, Succeeding with Fasting**

The BSEM presents a Seminar Day comprising:

A morning of 'Inconvenient Truths': the evidence for how and why the dietary guidelines for reversing obesity, type II diabetes and cardiovascular disease fail, and an exposé of the true culprit(s).

An afternoon of Fasting: how and why it works for reversing just about everything!

Dr Jason Fung  
Founder, Intensive Dietary Management Clinic

Dr Abbi Lulsegged BSc, MB.BS, FRCP  
Kings College Hospital

Dr Shideh Pouria MB BS BSc MRCP (UK) PhD  
Grace Medical

Dr John McLaren Howard DSc, FACN  
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Gilian Crowther ND/NT mBANT  
Academy of Nutritional Medicine

Dr Helmut Roniger FRCP  
Royal London Hospital for Integrated Medicine

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For more information please visit the BSEM website:

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